

# School of Applied Psychology, Counseling and Family Therapy

The School of Applied Psychology, Counseling and Family Therapy provides education and training in the theory and application of psychological principles to current and future license-eligible clinical professionals. The School also provides rich curricula of study in the field of psychology for those who are interested in the subject but do not intend to become licensed professionals.

Steeped in Antioch's long tradition of recognizing the diversity of individual backgrounds, the curriculum promotes values of ethical practice, social responsibility and cultural pluralism. Additionally, programs and classes promote self-exploration, empowerment and whole-person learning. Informed by this tradition and viewpoint, the School of Applied Psychology, Counseling and Family Therapy balances traditional and contemporary perspectives in the field to develop graduates who are informed, effective practitioners and change agents. Ultimately, the professional licensure programs develop practitioners who become part of an Antioch community of mental health professionals dedicated to helping their clients adapt to the challenges created by life in a rapidly changing and complicated world. The non-clinical program provides a venue for interdisciplinary exploration with an eye toward social change.

## **Master of Arts in Psychology – Art Therapy (AT/CCFT or AT/MHC)**

Students develop competencies in art therapy concurrent with earning a master's degree in either the Child, Couple and Family Therapy program or the Mental Health Counseling program. A \$20 lab fee

is collected each quarter to cover costs associated with supplies and various other expenses including, but not limited to, presentations or exhibits of student work.

## **Master of Arts in Psychology – Child, Couple and Family Therapy (CCFT)**

Students in the CCFT Program develop the basic conceptual and relational competencies needed for the professional practice of child, couple and family therapy. This learning program is designed to meet the educational requirements for Washington state licensure in Marriage and Family therapy as well as the accreditation standards for the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).

## **Master of Arts in Psychology – Integrative Studies in Psychology (ISP)**

Students in this program pursue a self-directed, individualized and interdisciplinary course of inquiry through the lens of psychology. This course of study does not lead to clinical licensing or certification. Graduates of this non-licensure Integrative Studies in Psychology program leave with a rich understanding of human behavior, which has been helpful in creating effective and often cutting-edge public service professionals, managers, supervisors, leaders, partners, spouses and parents.

## **Master of Arts in Psychology – Mental Health Counseling (MHC)**

Students in the MHC program acquire comprehensive skills for the practice of

counseling. The MHC program provides a structure and set of experiences to help students develop the intellectual and relational capacities needed to understand and work with others in the professional practice of counseling. These goals are accomplished through a combination of required coursework, electives, practical experience and a supervised internship. This learning program is designed to meet the educational requirements for state licensure in Mental Health Counseling.

## Doctor of Psychology (Psy.D.)

The Psy.D. program uses a practitioner/scholar model to educate students as professionals in clinical psychology and as scholars in psychology to promote health, education and human welfare. The curriculum advances students in the broadest and most liberal manner, including the conduct of research in psychology. The program promotes the highest standards of ethics, conduct, education and achievement in a manner that balances traditional and contemporary perspectives so students become responsible change agents in this complex world.

## Career Choices for M.A. graduates

Many professional options are open to graduates of the Master of Arts in Psychology programs. Depending on the program, graduates can seek professional positions in organizations such as community agencies, hospitals, mental health clinics, private practices, community college teaching, consulting and research. Those who choose to continue their education find the Antioch degree provides a solid foundation for entering a doctoral program or obtaining post-master's credentials in an area of professional interest, such as substance-abuse counseling or other clinical specialties.

## A Commitment to Diversity

Antioch Seattle's School of Applied Psychology, Counseling and Family Therapy programs reflect the University commitment to diversity in at least three distinct areas:

**Curriculum:** Skill-based classes and field experience address emerging issues and trends and promote values of ethical practice, social responsibility and cultural pluralism. The courses deliver the critical skills and knowledge necessary to prepare students to meet professional challenges and serve a diversity of people.

**Faculty:** Psychology faculty members bring broad professional experience and diverse backgrounds in education to Antioch Seattle. In addition to their teaching and advising responsibilities, they are active in their communities and/or in clinical practices.

**Student Population:** Psychology graduate students at Antioch vary in age, background and professional experience as well as ethnicity. Many have worked in psychology-related fields, such as substance abuse or crisis hotline work. Some are homemakers preparing to re-enter the workforce. Others are leaving professions such as banking, law or education to prepare for a different career. A few enter immediately after receiving their undergraduate degrees.

## Clinical Master of Arts Programs

### Program Design

The clinical programs offer both the academic and practical training needed to work in diverse settings. All programs are academically rigorous, intertwining theory

and practice through classroom learning and an internship, with an emphasis on multicultural competencies.

Upon graduation, students meet educational requirements, which, along with appropriate supervised practical experience, allow them to become licensed as mental health counselors, marriage and family therapists or clinical psychologists in Washington and in most other states. Art therapy students meet educational requirements for additional registration as art therapists (ATR).

## Required Prerequisite Courses

Normally applicants for admission to the M.A. programs are expected to have completed courses equivalent to those listed here.

### **PSYC490: Theories of Personality (3)**

A study of major personality theorists within their cultural and historical contexts, providing students with a broad understanding of the evolution of ideas concerning human nature. The focus is on the exploration of theories that apply specifically to the practice of counseling. Major topics include the interaction of the individual with the social milieu, the cultural biases within theory and the effect of personal history on theoretical claims.

### **PSYC492: Lifespan Development (3)**

Traces the major phases of human development from a variety of perspectives. Lifespan is viewed as a continuum on which crises and changes, coping and adjustment occur within a social context. The emphasis is on addressing how developmental perspective informs students of important lifespan issues.

### **PSYC494: Abnormal Psychology (3)**

Introduces students to theories and concepts of human behavior in the context of both personal and professional understanding of what is normal vs. abnormal behavior. This includes: defining abnormal behavior; understanding historical context; reviewing psychological models and forms of assessment; delineating major categories of abnormal behavior; reviewing treatment interventions; and discussing social, cultural, ethical and legal issues.

## Commuter Option

Cluster scheduling enables students from the Pacific Northwest and Western Canada to attend classes on the Antioch Seattle campus Thursdays, Fridays, Saturdays and occasional Sundays for M.A. and Fridays/Saturdays for Psy.D. students. This schedule helps reduce commuting time and allows students to integrate their studies with other personal and professional commitments.

## Internship Experience

All students participate in field-based practica. These experiences in professional settings enable students to validate and clarify the theory they acquire in the classroom while they develop their own roles as clinicians. The combination of coursework and supervised field experience fosters self-awareness and understanding of ethical and professional guidelines critical for practice. Examples of practica and internship sites include: college counseling centers, group homes, homeless shelters, youth and family services, community centers, public mental health clinics, jails, penitentiaries and in-patient psychiatric hospitals.

## **Program-specific Admission Requirements for M.A. Clinical Programs**

- Completion of one of the following academic prerequisites:
  - Theories of personality, abnormal psychology and developmental psychology courses with a minimum grade of C taken within the last 10 years

–OR–

- A bachelor's degree in psychology completed within the last 10 years with a GPA of 3.0 or higher on a 4.0 scale.
- Completion of 100 hours of practical experience in a helping relationship role in an educational and/or human services setting. Experience may be volunteer or professional.
- Two letters of recommendation: one from a professional who has provided oversight of practical experience and one from a social science instructor who can assess the applicant's capabilities and readiness to enter graduate clinical training. If the applicant has not enrolled in a college course in five years, two letters may be submitted from professional supervisors.

### **Additional Admission Requirements for Art Therapy**

In addition to the aforementioned requirements, applications to the art therapy concentration must have:

- Art coursework (27 quarters/18 semester hours) in both two- and three-dimensional media such as ceramics, metalsmithing, painting, drawing, printmaking and sculpture.
- A portfolio of 20 works that demonstrate multiple media competencies. The portfolio may be submitted as slides, prints, CD, DVD or by e-mail.

Please note that portfolios become the property of Antioch University and are not returned.

- Psychology (18 quarter/12 semester hours) including Theories of Personality, Abnormal Psychology and Lifespan Development.

### **Admission Essay**

Applicants must submit a one- to two-page response to each of four admission questions specified in the program application.

### **Transfer Credits**

A student may request transfer of up to 12 quarter credits of prior graduate-level coursework, graded B or better.

### **Provisional Admission to Clinical Programs**

This option may allow an applicant to be granted pre-master's status when only one or two of the three prerequisite course requirements listed previously are fulfilled. If admitted provisionally, a student has two quarters to complete the psychology prerequisites at Antioch. An applicant provisionally accepted in art therapy has four quarters to complete the art prerequisites. Upon completion, the student is fully admitted into one of the M.A. clinical programs.

# M.A. in Psychology – Child, Couple and Family Therapy

## Degree Requirements

72 total credits to graduate

## Required Coursework Completed Before Internship (30 credits)

PSYC503: Family of Origin Systems (taken first quarter)

PSYC504: Multicultural Perspectives (taken second quarter)

PSYC505: Systems Perspectives in Family Therapy (taken first or second quarter)

PSYC506: Communication and Counseling Skills

PSYC510: Theory and Practice of Counseling: Psychodynamic and Cognitive Behavior

PSYC511: Theory and Practice of Counseling: Humanistic, Transpersonal and Eastern

PSYC515: Psychopathology

PSYC516: Psychodiagnostics and Treatment Planning

PSYC518: Ethics and Professional Issues

PSYC520: Theories and Practice of Family Therapy I

PSYC521: Theories and Practice of Family Therapy II

PSYC598: Internship Preparation (not for credit; taken two quarters before starting internship)

## Other Required Credits (11 credits)

PSYC519: Ethics in Family Practice

PSYC522: Human Development in the Family Lifecycle

PSYC524: Human Sexuality

PSYC550: Research Methods: Introduction to Research

PSYC551: Research in Family Practice

## Elective Courses (12 credits)

- One elective in family practice
- One elective in counseling a culturally specific population
- One elective in abusive relationships-OR- addictions and substance abuse
- Three other elective credits

## Required Internship Courses (19 credits)

PSYC600B: Internship: Child, Couple and Family Therapy

PSYC601B/602B: Case Consultation OR Case Supervision

# M.A. in Psychology – Mental Health Counseling

## Degree Requirements

72 total credits to graduate

## Required Courses Completed Before Internship (42 credits)

PSYC503: Family of Origin Systems (taken first quarter)

PSYC504: Multicultural Perspectives (taken second quarter)

PSYC505: Systems Perspectives in Family Therapy

PSYC506: Communication and Counseling Skills

PSYC507: Group Counseling

PSYC510: Theories and Practice of Counseling: Psychodynamic and Cognitive Behavior

PSYC511: Theories and Practice of

Counseling: Humanistic, Transpersonal and Eastern

PSYC515: Psychopathology

PSYC516: Psychodiagnostics and Treatment Planning

PSYC518: Ethics and Professional Issues

PSYC523: Human Development in Context: Gender – A Lifespan Perspective

PSYC527: Career Development and Counseling

PSYC630-638: Advanced Theories: Varying topics

PSYC550: Research Methods: Introduction to Research

PSYC552 Assessments: Tests and Measurements

PSYC598: Internship Preparation (not for credit; taken two quarters before starting internship)

### **Elective Courses (15 credits)**

- One elective class in counseling a culturally specific population or one of the Historical/Socio-Cultural Perspectives in Psychology classes
- One of the following electives:
  - PSYC528: Abusive Relationships
  - PSYC529: Addictions and Substance Abuse
  - PSYC530: Loss and Grief
- Other elective credits

### **Required Internship Credits (15 credits)**

PSYC600A: Internship: Mental Health Counseling

PSYC601A: Case Consultation: Mental Health Counseling

## **M.A. in Psychology – Art Therapy with CCFT or MHC**

Either of Antioch Seattle's two master's degree in psychology programs – Child, Couple and Family Therapy or Mental Health Counseling – can be combined with courses leading to professional credentials in art therapy as recognized by the American Art Therapy Association (AATA).

### **Degree Requirements for M.A. in Psychology – Art Therapy with CCFT**

*90 total credits to graduate*

### **Required Psychology Courses Completed Before Internship (30 credits)**

PSYC505: Systems Perspectives in Family Therapy (taken first or second quarter)

PSYC506: Communication and Counseling Skills

PSYC510: Theory and Practice of Counseling: Psychodynamic and Cognitive Behavior

PSYC511: Theory and Practice of Counseling: Humanistic, Transpersonal and Eastern

PSYC515: Psychopathology

PSYC516: Psychodiagnostics and Treatment Planning

PSYC518: Ethics and Professional Issues

PSYC520: Theories and Practice of Family Therapy I

PSYC521: Theories and Practice of Family Therapy II

PSYC522: Human Development in the Family Life Cycle

PSYC524: Human Sexuality

## **Required Art Therapy Courses Completed Before Internship (35 credits)**

- PSYA503: Family of Origin Systems and Art Therapy (taken first quarter)
- PSYA504: Multicultural Perspectives and Art Therapy (taken second quarter)
- PSYA506: Family Group Art Therapy
- PSYA507: Art Therapy in Diverse Settings: Individual and Group
- PSYA508: Techniques and Practice of Art Therapy
- PSYA510: History and Theory of Art Therapy I
- PSYA511: History and Theory of Art Therapy II
- PSYA518: Ethical Issues in Art Therapy
- PSYA540: Developmental and Treatment Models in Art Therapy
- PSYA551: Art Therapy Research in Individual and Family Therapy
- PSYA651: Advanced Art Therapy Research in Individual and Family Therapy
- PSYA653: Advanced Art Therapy Assessment
- PSYC552: Assessment: Tests and Measurements
- PSYC598: Internship Preparation (not for credit; taken two quarters before starting internship)

## **Other Required Psychology Courses (2 credits)**

- PSYC519: Ethics in Family Practice

## **Other Required Art Therapy Courses (1-5 credits)**

- PSYA650: Art Therapy Master's Project  
-OR-
- PSYA660: Art Therapy Thesis

## **Elective Courses (6 credits)**

- One elective in a family practice course
- One elective class in counseling a culturally specific population OR
- One of the following electives:
  - PSYC528: Abusive Relationships
  - PSYC529: Addictions and Substance Abuse

## **Required Internship Credits (16 credits)**

- PSYA600B: AT/CCFT Internship I
- PSYA600D: AT/CCFT Practicum (optional)
- PSYA601B: AT/CCFT Case Consultation

## **Degree Requirements for M.A. in Psychology – Art Therapy with Mental Health Counseling**

*90 total credits to graduate*

## **Required Psychology Courses Completed Before Internship (30 credits)**

- PSYC505: Systems Perspectives in Family Therapy
- PSYC506: Communication and Counseling Skills
- PSYC510: Theories and Practice of Counseling: Psychodynamic and Cognitive Behavior
- PSYC511: Theories and Practice of Counseling: Humanistic, Transpersonal and Eastern
- PSYC515: Psychopathology
- PSYC516: Psychodiagnostics and Treatment Planning
- PSYC518: Ethics and Professional Issues
- PSYC523: Human Development in Context: Gender – A Lifespan Perspective
- PSYC527: Career Development and Counseling
- PSYC630-638: Advanced Theories: Varying topics

## **Required Art Therapy Courses Completed Before Internship (37 credits)**

- PSYA503: Family of Origin Systems and Art Therapy (taken first quarter)
- PSYA504: Multicultural Perspectives and Art Therapy (taken second quarter)
- PSYA505: Group Art Therapy
- PSYA507: Art Therapy in Diverse Settings: Individual and Group Therapy
- PSYA508: Techniques and Practice of Art Therapy
- PSYA510: History and Theory of Art Therapy I
- PSYA511: History and Theory of Art Therapy II
- PSYA518: Ethical Issues in Art Therapy
- PSYA540: Developmental and Treatment Models in Art Therapy
- PSYA551: Art Therapy Research in Individual and Family Therapy
- PSYA651: Advanced Art Therapy Research in Individual and Family Therapy
- PSYA653: Advanced Art Therapy Assessment
- PSYC552: Assessment: Tests and Measurements
- PSYC598: Internship Preparation (not for credit; taken two quarters before starting internship)

## **Elective Courses (6 credits)**

- One of the following electives:
  - PSYC528: Abusive Relationships
  - PSYC529: Addictions and Substance Abuse
  - PSYC530: Loss and Grief
- One elective in counseling a culturally specific population or one of the Historical/Socio-Cultural Perspectives in Psychology courses.

## **Other Required Art Therapy Courses (1-5 credits)**

- PSYA650: Art Therapy Master's Project -OR-
- PSYA660: Art Therapy Thesis

## **Required Internship Credits (15 credits)**

- PSYA600A: AT/MHC Internship I
- PSYA600C: AT/MHC Practicum (optional)
- PSYA601A: AT/MHC Case Consultation

## **Individualized Program: M.A. in Psychology – Integrative Studies**

The Integrative Studies in Psychology (ISP) program offers a formal, individualized, and interdisciplinary master's degree program in which students explore any area of interest related to the field of psychology. Students develop a self-directed, self-designed program. Through this program, students collaborate within the diverse Antioch community and access other resources in the larger academic and professional community. This program is for people who are interested in new career paths that involve psychology; want to apply psychology to their current careers; are interested in pursuing research; or want to pursue personal and professional development. This course of study does not lead to clinical certification or licensure.

## **Program Design**

Students entering the Integrative Studies in Psychology program take 27 credits of required core courses, 24 credits in their concentration area and nine credits in their application project. Students design their program in consultation with a degree committee composed of a faculty adviser and field advisers drawn from the academic and professional communi-

ties. Students can select courses in their focus area from either Antioch or other accredited institutions. Examples of current student interests include: East/West psychology, eco-psychology, health psychology, intercultural communication, adult development, somatic psychology, geriatric interventions and transpersonal psychology.

### **Program-specific Admission Requirements**

- Ability to initiate independent work with a high degree of responsibility and self-direction
- Ability to work collaboratively within a learning environment
- Completion of one of the following academic prerequisites:
  - Lifespan development and theories of personality courses with a minimum grade of C
  - AND-
- Two letters of recommendation: one from a professional who can assess the applicant's organizational and interpersonal skills and one from a social science instructor who can describe his or her potential as a graduate student

### **Admission Essay**

Applicants must submit a one- to two-page response to each of four admission questions specified in the program application.

### **Transfer Credit**

An applicant may request transfer of up to 12 quarter credits of prior graduate-level coursework.

### **Provisional Admission to ISP Program**

This option allows an applicant to be admitted into a pre-master's status

when all prerequisites have not yet been completed. If admitted provisionally, the student has two quarters to complete the prerequisites at Antioch, prior to full admission into the ISP program.

### **Theoretical Foundation Courses (27 credits)**

The theoretical foundation is comprised of the following required courses and content areas:

PSYI560: ISP Program Seminar (12)

Content Areas:

Research Methods (3)

Multicultural Perspectives (3)

Advanced Theories (3)

Communication Skills (3)

Systemic Perspectives (3)

### **Individualized Self-design Courses (24 credits)**

The foundation of the program is the individualized, self-designed portion of the learning. During this time, students take courses as electives or design independent study courses to fulfill a learning goal of their program. A typical elective course or independent study is one to three credits. Up to nine credits may be transferred as elective credits from another master's-level, accredited institution.

### **Application Project (9 credits)**

The application project section of the program is the culmination of the student's work in the program. The nine credits for the project are distributed as follows: three for the literature review and six for the application project, which can be a formal research thesis or research project, an applied project, a creative/expressive project or a supervised internship.

# Doctor of Psychology – Clinical Psychology

## Program Design

The Psy.D. program uses a practitioner/scholar model to educate students as professionals in clinical psychology and as scholars in psychology to promote health, education and human welfare. The curriculum promotes values of ethical practice, social responsibility and cultural pluralism. Faculty members balance traditional and contemporary perspectives in the field of psychology, educating students to become informed and effective practitioners, and agents of change in a complex world.

## Features of the Program

- Flexibility to pursue the doctoral program full or part time (full time takes four years.)
- Rotating concentrations from which to choose
- The only art therapy concentration within a clinical doctoral program in the United States
- Elective course options that round out the program
- Practical experiences integrated throughout the program, including a full-year internship
- Clinical focus with flexibility to choose an applications-oriented doctoral paper or research dissertation
- Competency-based model with electronic portfolios

## Concentration Options

Concentrations provide the student with a spectrum of theoretical perspectives and concomitant practical experiences supported through professional seminars. Concentrations are offered on a rotating basis. Students may choose more than

one. Examples of concentration areas are:

- Art Therapy
- Child in Family Context
- Forensics
- Existential-Humanistic Psychology
- Cognitive Behavioral Therapy

## Admission Requirements for the Psy.D. in Clinical Psychology Program

- Completion of academic prerequisites:
  - A master's degree in a mental health-related field within the last 10 years. Eligible master's degrees include: marriage and family therapy, mental health counseling, clinical social work and art therapy. (Exceptions to the 10-year requirement may be granted on a case-by-case basis.)
  - OR– A bachelor's degree in psychology within the last 10 years
  - OR– A bachelor's or master's degree in other fields with four prerequisite courses with a minimum grade of B:
    - Theories of Personality
    - Abnormal Psychology
    - Developmental Psychology
    - Introduction to Statistics(If these courses were completed more than 10 years ago, they must be retaken)
- Completion of 100 hours of volunteer or professional experience in a helping relationship role in an educational and/or human services setting
- Two letters of recommendation: one from a professional who supervised the applicant in a human services setting; one from an academic instructor who can best assess the applicant's capabilities and readiness to enter a clinical doctoral program
- Documentation of relevant professional and volunteer experience

- Documentation of professional affiliations, publications and licensure

### **Additional Admission Requirements for Art Therapy Concentration**

In addition to the program requirements already listed, admission to the art therapy concentration requires:

- Psychology coursework (18 quarter/12 semester hours) including theories of personality, abnormal psychology and developmental psychology plus other elective psychology courses
- Art coursework (27 quarter/18 semester hours) including work in both two- and three-dimensional media such as ceramics, metalsmithing, painting, drawing, printmaking and sculpture
- A portfolio of 20 works that demonstrate multiple media competencies. The portfolio may be submitted as slides, prints, CD, DVD or by e-mail. Please note that portfolios become the property of Antioch University and are not returned. An applicant may apply to the Psy.D. art therapy concentration with some art studio coursework in progress. If accepted into the program, the student must complete these credits during the first year.

### **Admission Essay Instructions**

Applicants must submit a one- to two-page response to each of four admission questions specified in the program application.

### **Prior Graduate Work**

Graduate credits earned at regionally accredited institutions are accepted toward Antioch Seattle's Psy.D. degree as follows:

#### **Master's Degree in Mental Health Field**

- Applicants who have completed a master's degree in a mental

health-related field may receive up to 24 quarter credits toward the doctoral program requirements; eligible fields include but are not limited to: marriage and family therapy, mental health counseling, clinical social work and art therapy.

- Accepted credits may be applied toward both core course requirements and elective credits.
- The Psy.D. faculty completes a detailed syllabus and transcript evaluation after the applicant's admission to the Psy.D. program and before initial course registration.

### **Other Master's Degrees**

- Applicants with a master's degree in a field other than an approved mental health-related field may request a course credit evaluation.
- Courses are reviewed for equivalent content on a course-by-course basis. Official transcripts and course syllabi for all requested courses must be submitted to the Admissions Office by the application deadline.
- Students must have earned a grade of B or better.
- A maximum of 24 graduate-level quarter credits may be accepted.

### **Transfer into Psy.D. Program**

- Applicants who began a Psy.D. program approved by the American Psychological Association at another regionally accredited university may request a transfer credit evaluation.
- Courses are reviewed for equivalent content on a course-by-course basis. Official transcripts and course syllabi for all requested courses must be submitted to the Admissions Office by the application deadline.
- Courses must carry a grade of B or better.

- For applicants with a master's degree earned in a mental health-related field, 24 quarter credits will be awarded.
- For applicants entering from another Psy.D. program without a master's degree in a mental health-related field, up to 24 quarter credits may be awarded.
- Courses from an institution that is regionally accredited but not APA approved are considered on a case-by-case basis.

### **International Transfer Credit**

To receive credit for coursework completed at an institution outside the United States or Canada, an applicant must have that institution send official transcripts and records directly to a credential evaluator. The applicant may select an evaluator from either of two websites: [www.naces.org](http://www.naces.org) or [www.aice-eval.org](http://www.aice-eval.org). Certified translations and evaluation of international documents are required. Four to 10 weeks should be allowed for the evaluation. The evaluation and the original transcript must be sent to the Admissions Office. International transcripts must be evaluated before admission.

### **International Student Admission**

An international student who requires a student visa must submit additional documentation to satisfy admission requirements:

- Certified and translated educational records, if the records are not in English.
- Evaluation of international transcripts from institutions outside the United States or Canada. See International Transfer Credit information.
- Demonstration of English language proficiency – official TOEFL (Test of English as a Foreign Language) test results must be submitted and must

reflect a minimum score of 600 (paper-based) or 250 (computer-based). An applicant who has completed education in the United States or Canada may request that this requirement be waived.

- Financial certification – Documentation of the applicant's ability to pay for the educational and living expenses for the duration of the program must be submitted.

Contact the Admissions Office for more information at [admissions@antiochseattle.edu](mailto:admissions@antiochseattle.edu).

### **Graduation Requirements**

*150 total credits to graduate*

In addition to the satisfactory completion of all core courses, a student also must meet the following requirements to qualify for award of the Psy.D. degree:

- Satisfactory oral case study presentation
- Satisfactory annual narrative evaluation from the faculty
- Satisfactory completion of clinical training sequence
- Performances reflecting program competencies
- Satisfactory evaluation from all supervised experience hours
- Satisfactory completion of doctoral paper/dissertation
- Completion of 50 hours of personal psychotherapy
- Satisfactory completion of two years of supervised experience

## **Psy.D. Competencies and Electronic Portfolio.**

The Psy.D. program is framed in terms of eight competencies needed by professional psychologists. The competencies are: *relationship, intervention, scientific foundations, assessment, supervision, multicultural practice, consultation and career development and management.* Each competency is subdivided into levels, which are the developmental steps needed to achieve each competency. All Psy.D. courses are tied into this framework: the levels become the course goals, and the course requirements are designed to show the student can effectively put into action the content of that course and demonstrate the mastery of the competency level. An *electronic portfolio* is created by each student, documenting these *key performances*. The portfolios help assess and advise students, help the Psy.D. faculty continuously improve the program and help outside accreditors (e.g., APA) see that Antioch trains competent psychologists.

## **Clinical Training Sequence**

Students who enter the program without a mental health-related M.A. are placed in a *Social Justice Practicum*: an agency, institution or other setting that invites the student to provide service to individuals from backgrounds significantly different than his/her own. This work (300 hours total) is tied to a series of courses in the first year, in which reflection on multicultural practice and other beginning-level clinical competencies is central. The next step of clinical training is in a concentration in which every student sees two clients each week in Antioch's on-campus clinic, under supervision, for the time they are enrolled in the program. By asking students to demonstrate their clinical skills in the Clinic and concentrations first, Antioch can confidently recommend students to outside sites for internship and pre-internship experiences. All supervised experience hours count toward the 3,300 hours required for licensure by Washington state.

