

# JOURNEYS

The Antioch University Seattle Alumni Newsletter

January 2008

## Fifth Annual Horace Mann Awards To Celebrate Multiple Victories

More than 300 Antioch University alumni, faculty, staff, students and friends are expected to fill McCaw Hall at Seattle Center **Thursday, March 27, at 6 p.m.** to celebrate victories for humanity and to support the scholarship endowment.

The Horace Mann Awards, which last year raised nearly \$31,000 for the Scholarship Endowment, are named for Horace Mann, Antioch's first president, who challenged graduates to "Be ashamed to die until you have won some victory for humanity." The awards are given to those alumni, faculty and members of the community who put Mann's words into action and who share Antioch's commitment to community engagement, diversity, lifelong learning and social justice.

Last year's alumni recipient was **Susan Warner**, who earned her master's degree in Education from Antioch in 1999, and has impacted hundreds of teenage girls. As the director of public programs for the Museum of Glass, she founded the Remann Hall Women's Project to reach out to the young women incarcerated at Tacoma's juvenile detention facility and turn their lives around through art.

Community recipient was **Jack Hamann**, author of *On American Soil*, who uncovered the botched trial of 27 African American soldiers accused of a lynching at Fort Lawton

during World War II.

Faculty recipient was **Wendy Rosen**, a core faculty member in the Center for Programs in Education, who has increased the number of Native American teachers in Washington through her leadership of the First Peoples' Education programs.

The cost is \$100 per person; \$75 for alumni. For reservations call 206-268-4125 or e-mail Alumni Director Eric Warn at [ewarn@antiochseattle.edu](mailto:ewarn@antiochseattle.edu)

## Antioch Distinguished Alumnus



**Chris Fontana, M.A. Whole Systems Design '98** received the Antioch Distinguished Alumni Award for 2007. He was honored at commencement June 9. He is the co-

founder and executive director of Global Visionaries, a Seattle-based nonprofit that aims to get high school students out of the class-room and into the world to become global citizens. For more on Fontana and past award recipients, go to: <http://www.antiochseattle.edu/alumni/distinguished.html>. Also see article on page 6.

## Antioch College Update: Board of Trustees and Donors Explore Transfer Possibility

The Antioch University Board of Trustees announced on Dec. 12 that it has approved a resolution instructing Chancellor Toni Murdock to begin exploring the possibility of transferring the ownership of Antioch College to a separate, free-standing liberal arts institution with its own board of trustees.

Under the resolution, the Chancellor will immediately convene "a work group of administrators and others with the expertise and experience necessary to examine the feasibility of such a transfer of the College and to identify the major issues affecting the University's interest in such a transaction." If feasible, it would be transferred to the Antioch College Continuation Corporation,

an independent, Ohio non-profit corporation that has been formed by a group of College alumni, major donors, former trustees and emeritus faculty.

After exploring the feasibility of such a transfer and negotiating with authorized representatives of the new corporation, the Chancellor will present a draft letter of intent laying out the proposed terms of any such transfer to the University trustees for consideration "as soon as possible but not later than its regularly scheduled meeting set for February 21-23, 2008." If an agreement is reached that satisfies both parties, the transfer would take effect on July 1, 2008.

For up-to-date information, please go to [www.antioch-college.edu](http://www.antioch-college.edu)

## From the President's Desk



Cassandra Manuelito-Kerkvliet, Ph.D.

Members of my family often say, "Education is to the mind what dreams are to the heart."

Antioch University Seattle touches both heart and mind

with its innovative approaches to student-centered, personalized learning.

An ongoing commitment to social justice and inclusiveness continues to be among Antioch's core values, which speaks volumes about why I became the University's new president. And Antioch's philosophy of giving back to the community is very much a part of my Navajo values.

Antioch graduates like you often describe their education as transformational and life changing. With the solid, caring support of expert faculty, graduates leave Antioch feeling

empowered with critical thinking skills and the ability to create and lead change in the world.

It is my hope that what you learned at Antioch continues to serve you well. We're always eager to hear about your successes, so please take the time to share them with Alumni Director Eric Warn and inspire others, too.

May your new year be healthy, happy and everything you want it to be.

## Two Antioch Alumni Professional Networking Sites Established

More than 100 Antioch alumni recently joined a new business-oriented social-networking site for professional networking set up through LinkedIn. To join this Antioch Alumni Group free of charge, simply paste this link in your browser:

<http://www.linkedin.com/e/gis/37303/1A4BDF53F6E7>

The goal of this group is to help alumni:

- Reach other members of the Antioch Alumni Group
- Accelerate careers/business through referrals from Alumni Group members

- View rich professional profiles from fellow Antioch Alumni Group members

Security is tight thanks to the "gated-access approach" (where contact with any professional requires either a pre-existing relationship or the intervention of a contact of yours). Please note that **LinkedIn** participates in the EU Safe Harbor Privacy Framework.

**Facebook**, which also is free of charge, is strictly a social networking utility and is different than **LinkedIn** in that it's an open community where there are few restrictions, with the exception

that administrative approval (from me) is required for new members to join. Anyone can see the group information, but only members (alums) can see the discussion board, the wall, video, photos and posted items. Here's the link to paste in your browser to join:

<http://www.facebook.com/group.php?gid=13430420289>

Should you encounter problems joining either Facebook or LinkedIn, contact Eric Warn at [ewarn@antiochseattle.edu](mailto:ewarn@antiochseattle.edu) or 206-268-4125.

## Antioch Clinic Introduces Child and Family Programs

A new service for children and families was recently announced by the Community Counseling and Psychology Clinic, a nonprofit training site for Antioch University Seattle located on the campus.

"Unexpected events, traumatic experiences, medical problems, struggles in school or external influences can harm a child's well being, limiting their potential to learn and become healthy individuals," reports Molly Reid, Ph.D., ABPP, head of the Child and Family Systems Concentration.

### Services include:

- Testing, assessment and school recommendations for learning issues

- Consultation and treatment for children with anxiety, learning problems, depression, trauma and behavioral difficulties

- Group and individual training in friendship skills and dealing with peer bullying

- Individual and family therapy for children and adolescents

- Help with the challenges of Attention Deficit and Hyperactive Disorder (ADHD)

- Support for families with children dealing with chronic or acute illnesses

- Consultation for children and families going through divorce

- Community outreach through speaking engagements at schools, Parent Teacher Associations or other organizations interested in helping children and families

Clinic services are open on a space-available basis to anyone who needs assistance. **Referrals from Antioch alumni are welcome.** A sliding-fee scale is available to make services more affordable for children and families. Appointments may be arranged by calling 206-268-4840 during business hours.

## B.A. in Liberal Studies Program

**Harvey Bowen, B.A. '94**, has joined Aztecsoft Disha as senior test architect where he is managing major test initiatives in India and the U.S. as well as designing and presenting coursework for test engineers and managers. He continues to serve as a member of the Antioch University Seattle B.A. in Liberal Studies advisory board and on the board of All Aboard Washington, a rail transportation advocacy group.

**Meghan Brookler, B.A. '02**, announced the birth of her daughter, Lilia Besheret Brookler, born May 20 at 10:37 a.m. Lilia weighed 8 pounds and was 21½ inches long. Her middle name is Yiddish for "meant to be." Brookler says she is doing well in this life-changing transition.

**Pat Cavit, B.A. '05**, is finishing her master's degree in social work at the University of Washington and completing a six-month practicum at the Northwest Institute for Children and Families in the School of Social Work as a research assistant.



**Tim M. Grace, B.A. '02**, historian and author for the U.S. Air Force's 368th Fighter Group, recently moderated a public panel discussion of WWII combat veterans at the Museum of Flight in Seattle followed by a book signing. He is a doctoral candidate at the Washington School of Professional Psychology and is currently serving his internship at Kern County Mental Health in Bakersfield, CA. In addition, he is author of the history book, *Second To None: The History Of The 368th Fighter Group*.



**Lela Hilton, B.A. '85**, academic director of the Bard College Jefferson County Clemente Course, has been awarded the 2007 Humanities Washington Award for excellence in the public humanities. The award recognizes an individual or organization whose time and talents enlarge the meaning of the humanities in people's lives. Hilton was honored for her commitment as the driving force behind establishing and expanding the first rural free, college accredited (through Bard College) humanities course for low-income adults. The course has three goals: to better equip course participants for civic engagement; to promote their personal growth and enrichment; and to build a bridge for them to higher education. For more information, visit [www.jeffersonclemente.com](http://www.jeffersonclemente.com).

**Lezlie A. Kinyon, B.A. '85**, has joined the faculty of Akamai University, a young but ambitious online graduate school designed for mid-career adult students. It is based on San Francisco's Saybrook Graduate School's model of graduate education. She is teaching classes in writing, methods, science inquiry and, she hopes, folklore. Interested alumni can find out more about the university at <http://www.akamaiuniversity.us>



**Pamela Sackett, B.A. '90**, is the lead artist and co-founder of Emotion Literacy Advocates (ELA), an arts-based, nonprofit organization that creates learning tools for children and families, schools, social workers and teachers. ELA's latest program provides a CD titled "The Full Spectrum Birthday Song" (or Why Just Happy?) to 23+ nonprofit organizations that serve children and families, honor and acknowledge birthdays and promote social-emotional learning. For more information on ELA and the CD itself, go to: <http://www.emolit.org/learningtools.html@FSBday> or <http://www.emolit.org/sponsorship.html>

**Lance E. Wischler, B.A. '07**, is an associate consultant at Federal Way's Workplace Resolutions, L.L.C. "Much of my recent work involves designing training materials for alleviating risk (sexual harassment, discrimination and violence) in the workplace. I also design proposals for clients covering a broad array of organizational issues. My greatest joy arising from being involved in this work is that I get to call upon material and experiences that I gained from my time at Antioch. I feel that I am making a difference, and I am continually learning about systems, individuals and myself."

## Center for Creative Change



**E. Christopher Mare, M.A. WSD '03** is self employed and has given himself the title "village designer." Through his nonprofit organization, Village Design Institute, he offers educational events and through his for-profit firm, Paradise Design, he does consulting and design work. He is currently working on two "urban village" projects in Bothell.

**Kristen McIvor, M.A. E&C '05**, was recently featured in an article published in the June edition of BioCycle Magazine, where she discussed the use of biosolids to promote urban agriculture within the City of Tacoma. She is currently a Ph.D. candidate at the University of Washington.

**Tracy Puett, M.A. WSD '00**, is now living in Nashville, TN, with his partner Lucia, two dogs and one cat. He is employed as a leadership and organizational development consultant by Healthways, an organization that searches for new ways to inspire healthier habits. He also continues to stay connected to the health care and environmental work that has been his life's work so far. "A deeper dive into Ken Wilber's Integral Theory as well as Gestalt work has been most influential in recent years." He is currently traveling to Seattle for consulting work and would like to reconnect with old friends and colleagues. His e-mail is [tpuett@yahoo.com](mailto:tpuett@yahoo.com).

**Paula Sherwood, M.A. Org Psych '04, B.A. '01**, is a gardener with two unique farms on Whidbey Island. The 11.5-acre Colonel Walter Crockett Sr. farm is one of the island's earliest homesteads dating back to 1851. The Greenbank Berry Farm was once known as the largest loganberry farm in the United States. "My education at Antioch has really helped me land some great opportunities and move forward," Sherwood noted. She is also facilitating organizational development at the High Point Experience, a ropes course on Whidbey Island, in addition to facilitating her own self-care program.

**Jessie Upp, M.S. Management '04**, has published her first book, *My Way to Our Way*, which provides interactive training activities to help individuals build powerful relationships with anyone. For more information go to: <http://myway2ourway.com/ebook.aspx>



**Kate Williams, M.A. Org Psych '99**, makes her living as a consultant, trainer and coach. Her business, Achieve Northwest, specializes in workplace learning and performance ([www.achievenorthwest.com](http://www.achievenorthwest.com)). Kate also has a second business with a partner called Achieve Health Northwest, which specializes in environmental and nutritional approaches to healthy lives and communities ([www.achievehealthnw.com](http://www.achievehealthnw.com)). In addition, she provides health coaching and educational services through her Joy In Health program at Achieve Health Northwest.

**Kendall A. Wilson, M.A. Org Psych '03**, has been elected president of the Pacific Northwest Organizational Development (OD) Network for 2007-08. The group is comprised of more than 140 organizational development practitioners, researchers and educators who use state-of-the-art OD techniques and diagnostic tools. Although he spends most of his time helping "fix" corporate executives who have acute anger-management issues, ideally he would like to run a 501c3 nonprofit that works in the energy conservation area or one dealing with disabled veteran's rights issues, given that he is one himself.

**Angie Wolle, M.A. Org Psych '06**, was promoted to director of organizational development at PeaceHealth, a nonprofit Catholic healthcare system based in Bellevue with six hospitals and 10,000 employees in Alaska, Oregon and Washington. She'll be overseeing the system-wide development and implementation of their leadership development strategy, succession planning and other cultural development programs. "Thanks to all my Antioch professors who influenced and encouraged me – I hear your voices as I do my work."

Center for Programs in Education

**Megan (Harter) Adams, M.A. Education with Teacher Prep '02**, was recently married to Theron Adams. "It was a wonderful occasion and we are quite happy." She teaches kindergarten, first and second grade at East Bay School for Girls in Berkeley, CA.

**Anabrenda Blethen, Graduate Teacher Prep '02**, is at home raising her seven-month-old son after teaching at Issaquah Middle School for the last three years. "I plan on staying at home for the next four or five years then returning to the Issaquah School District to continue with my career."

**Dean Bushue, M.A. Education with Teacher Prep '03**, went back to school and earned his special education endorsement. After teaching special education at Lincoln Elementary School in Olympia he moved to Waikiki, where he is an elementary school teacher.



**Ricky Daley, M.A. Education '03**, is a full-time assistant collegiate football coach, overseeing the wide receivers and kick/punt returners at the University of Puget Sound. Daley enjoys coaching football full-time and aspired to get into collegiate coaching while attending Antioch. His master's thesis addressed how college football relates to education in the sense that the field is an extension of the classroom.

He says he feels Antioch allowed him to be prepared for this position with all the research and interviews he conducted to complete his thesis project. He notes that Dr. Pam Joseph was instrumental in helping him pinpoint all the important aspects coaching would provide him and how he could use his Antioch education as a football coach.

**Sheila Harris, M.A. Education '07**, is the director of Bright Horizons, one of the world's leading providers of employer-sponsored child care, back-up care, early education and work/life solutions.

**Harriette C. Jones-King, M.A. Education '02**, is a volunteer for the Harry S Truman Veterans Administration Hospital in Columbia, MO, where she works with disabled veterans in long-term care. She is also a member of the resident association board of the Columbia Housing Authority. The board deals with issues and policies of the Housing Authority.

**D. Sue Kawakubo, M.A. Education with Teacher Prep '96**, has been teaching 8th grade history and language arts at Chinook Middle School in the Highline School District for the past eight years. She is also History Department chair, sits on the school improvement committee and takes distance-learning courses from Antioch.

**Lori Poliski, M.A. Education with Teacher Prep '01**, is currently not teaching because she has two small children, one of whom has many medical issues. She is in the process of making a documentary film to raise awareness about hydrocephalus with Sherman Alexie, poet, author and filmmaker, who was born with hydrocephalus. In addition, she started a hydrocephalus research guild to raise funds for research at Children's Hospital and runs a support group at the hospital for parents of children with hydrocephalus. Her goal is to return to teaching when both of her children are enrolled in school and continue to raise awareness and funds for hydrocephalus in order to find a cure one day.



**Lori Mitchell Midthun, M.A. Education '02**, a former education director of a sailing classroom is now executive director of Bainbridge Youth Services (BYS), which matches teens with jobs and provides counseling services. For six years, Midthun worked for Bainbridge-based Salish Sea expeditions, which teaches science to middle and high school students aboard the 61-foot sailing vessel Carlyn. At SYS, Midthun plans to emphasize community outreach and continue the group's work helping teens avoid alcohol and drug abuse.



**Trisha (Carlson) Pospisil, M.A. Education with Teacher Prep '03**, has seen a lot of places and used her degree in various ways since leaving Antioch. "I added a Teacher Training Certification Course (TEFL) certificate to my master's degree and now enjoy teaching abroad in a rural town in South Korea. Before that, I taught in Prague, Czech Republic, for two years and trained teachers how to teach. It's worth noting that the experience and knowledge I gained at Antioch and in the American education system prepared me to do well in these jobs abroad."



**Tracy R. Rector, M.A. Education '06**, is one of seven recipients of the 2007 (Seattle) Mayor's Art Award for her Native Lens Program, which introduces students to the art of writing and filmmaking. Rector co-founded Longhouse Media in January 2005 with the support of the Swinomish Tribe. Her program is one of a handful across the nation that focuses specifically on empowering Native youth via film and digital media. She serves as its executive director while another Antioch alum, **Laurie E. Sison, B.A. '06**, serves as secretary on the board of directors.



**Norman Schwagler, M.A. Education with Teacher Prep '01**, is the English department head at the American School of Bangkok in Thailand where he also teaches language arts and global issues. In addition, he is launching a bicycle share program, volunteers at the Human Development Foundation, an orphanage in the slums of Bangkok, and is a member of the Flying Farangs Ice Hockey Team. Ice hockey in Thailand? Yes...its website is <http://www.flyingfarangs.com>.

**Karen Stein, M.A. Education with Teacher Prep '04**, is pursuing a doctoral degree in educational leadership at Argosy University. She is presently in the dissertation phase and has already passed the comprehensive exam.

Center for Programs in Psychology

**Jude Bergkamp, M.A. Psychology-CFT '93**, is a self-employed psychotherapist. He and his wife Emily are the proud parents of Isaiah Bergkamp, born 2/20/07.



**Patty Cannon, M.A. Psychology '85**, has worked as a child & family therapist in a mental health agency for eight years, taught psychology at Seattle Central Community College for five years and did play therapy at First Place School for eight years with homeless or at-risk children. She also is raising a daughter, now 11. Cannon is pleased to be opening a private practice in the Ravenna area, where she'll specialize in play therapy and trauma recovery. Her e-mail address is [pattycannon@gmail.com](mailto:pattycannon@gmail.com).

**Janice Giteck, M.A. Psychology '86**, lives in Seattle where she teaches music composition and women's studies at the Cornish College of the Arts. For the past year, she has been one of four lead artists for the Artist's Regional Transit Project, a performance/media collective work sponsored by the Municipality of Metropolitan Seattle. Concurrently, she is creating a new piece called "love and rage" for ensembles in Portland, Syracuse and Atlanta, as part of the Reader's Digest's Meet the Composer Program. Her interest in the relationship between music and healing led her to study psychology at Antioch and to work as a music specialist at Seattle Mental Health Institute from 1986 to 1991.

**June C. Jones, M.A. Psychology '91, B.A. '89**, has been very busy in Bremerton making jewelry, painting and selling the final product at bazaars. She also has been teaching a life-drawing class once a week.



**Michele Lisenbury Christensen, M.A. Psychology '04**, partnered with Sara Harvey Yao to create Working with Power, their consulting firm that helps companies retain and grow great women. "We teach the 12 elements of power, a new set of tools that makes work (and everything else) a whole lot easier." She was a business coach for four years before she started her master's program and says "Antioch helped me to integrate history, social justice, psychology and yoga into my work."

**Rebekah A. Christner, M.A. Psychology-CFT '99**, is entering her ninth year as a special education counselor for Lewisville, TX, Independent School District. She works with students ranging in age from five to 21 years old in a therapeutic educational setting. She is also employed part-time at University Behavioral Health as a mobile assessor assisting local hospitals in determining the best treatment for at-risk patients. Christner is a Texas Licensed Professional Counselor and notes "Antioch truly was the foundation for my career path success."



**Andrea D. Davis, M.A. Psychology '90**, is president of the Seattle Counselor Association, a professional community of counselors serving the Puget Sound region. "We would like to get more students involved as it gives them access to the powerful work counselors are doing in the community and a place to go to hear good speakers while earning CEUs as well as network with folks who could give them access to internships." The association website is <http://www.seattlecounselors.org>

**Laurie Dawson, M.A. Psychology '89**, contributes to both the Seattle Lighthouse for the Blind as an interim information technology manager and to Boeing's 787 project as a contract staff analyst. She calls these environments "wonderful places to work, where my corporate skill set can assist with projects and growth and my clinical background aligns with the organizational purposes. Again and again, my clinical degree attracts business opportunities."



**Jeffrey Eaton, M.A. Psychology '95**, is a psychoanalyst in a Seattle private practice specializing in child and adult psychotherapy. He is a Fellow of the International Psychoanalytic Association and a full member of the Northwestern Psychoanalytic Society. In 2006, he was the first American to be awarded the 10th International Francis Tustin Memorial Lecture Prize for his paper titled "The Permanent Earthquake: Notes on the treatment of a young boy." Recently, his chapter "From Nowhere to now-here: reflections on Buddhism and psychotherapy" was included in *Into the Mountain Stream: Psychotherapy and Buddhist Experience*. Eaton is founder of The Alliance Community Psychotherapy Clinic, a project of the Northwest Alliance for Psychoanalytic Study, which provides high-quality, low-fee psychotherapy throughout the greater Seattle area. In addition, he provides consultation to therapists nationally and internationally, is on the faculty of several analytic training programs and serves as a clinical instructor in the Department of Psychiatry, University of Washington Medical School.

**Patricia M. Falsetto, M.A. Psychology-MHC '02**, is a therapist with the Federal Way site of Auburn's Valley Cities Counseling and Consultation, a private, nonprofit, behavioral health organization serving South King County since 1965.

**Kristyn Fix, M.A. Psychology-MHC '06**, is employed by the Department of Corrections as a Community Corrections Officer for the Seattle Special Needs Unit. "I love the work I do. It's stressful, heartbreaking and it's frustrating...but it's also rewarding, invigorating and dynamic. I work with this population because I see them as being stigmatized, underserved and forgotten about by society. I see my role as affecting change and empowering individuals who have found little control or stability in their lives thus far."



**Michael Galloway, M.A. Psychology, '86**, worked for six years as a family therapist in a youth chemical dependency program at Ryther Child Center. He coordinated the Alcohol Drug Studies program at Bellevue Community College for four years and enjoyed teaching case consultation & supervision at Antioch, for three years, ending in 2006. He recently has published an article in *Counselor, The Magazine for Addiction Professionals*. He has maintained a private practice at Hawthorne Hills Professional Center for the past 17 years, specializing in youth, families and couples. Galloway can be reached at [michael@michaelgalloway.com](mailto:michael@michaelgalloway.com).

**Tina M. Gregorius, M.A. Psychology-CCFT '05**, is a family therapist and art therapist at Seattle's Ruth Dykeman Children's Center. The organization's mission is success and self-sufficiency for children, family and community.



**Bruce Klein, M.A. Psychology '90**, is the dropout prevention coordinator for the Nome, AK, Public School District. His job is to work with the community and the high school, junior high school and elementary school to develop after school programs, activities, community service, etc. to help high-risk youth stay in school. "The hard part is getting to parents to realize the importance of education." Besides teaching job presentation, resume writing, interviewing skills and life skills to the students, he helps them get into vocational skills programs.

**Barbara (BJ) Levy, M.A. Psychology '90**, left her position as an owner of the law firm of Sindell and Levy in 2001 (after 27 years as an attorney) to become a full-time professional coach. She is currently a faculty member and one of seven owners of The Academy for Coach Training in Edmonds. The academy's website is [http://www.coachtraining.com/37\\_contactmaps.aspx](http://www.coachtraining.com/37_contactmaps.aspx)

**Tammy Lianu, M.A. Psychology '91**, has closed her psychotherapy practice after 23 years of counseling and education based in the Puget Sound region and has moved to Chiang Mai, Thailand, where she is doing humanitarian work with the Myanmar (Burmese) refugees.



**Marcia Middleton-Kaplan, M.A. Psychology-CFT '96**, is a registered nurse in the Prime of Life Stroke Traumatic Brain Injury Unit at the Rehabilitation Institute of Chicago. Largely through self-instruction, she has utilized visual art forms, music and literature to enhance work with clients and patients. Her most current project is "Doors on Wars," in which she paints scavenged doors on both sides to demonstrate graphically the ambiguities of war.

**Arinna Moon, M.A. Psychology '86**, is a chaplain for Skirball Hospice, a program of the Los Angeles Jewish Home for Aging that provides physical, psychological and spiritual comfort for people and their families at the end of life.

**Lisa Ann Mikulencak, M.A. Psychology-MHC '94**, has a Seattle private practice, counseling children and families. Her specialties include working with children and families who live with domestic violence, chemical dependency, homelessness as well as transitional changes and adjustments. In addition, she is providing social skills and therapeutic friendship groups for children. Information regarding her social skills groups may be found at [www.friendshipgroupseattle.com](http://www.friendshipgroupseattle.com).



**Diane E. Nash-McFeron, M.A. Psychology '93**, recently received her Ph.D. degree in clinical psychology, with a concentration in health psychology, from Seattle Pacific University. Her dissertation was a controlled study in the treatment of chronic headache pain with mindfulness meditation. The study was conducted at The Everett Clinic, in conjunction with Dr. Dongmei Liu, neurologist and headache specialist. Nash-McFeron and her husband **Douglas McFeron, M.A. Psychology '91**, have a private practice in Lynnwood, WA.

**Karen Noble-Newman, M.A. Psychology-MHC '01** has a Seattle private practice, counseling children, adolescents and families. Her specialties include working with women and children who have experienced domestic violence, helping children heal from sexual abuse and providing social skills and therapeutic friendship groups for children. Information regarding her social skills groups may be found at [www.friendshipgroupseattle.com](http://www.friendshipgroupseattle.com).



**David O'Donoghue, M.A. Psychology '82**, is a clinical psychologist who left active practice six years ago in order to establish an independent adult learning center called the Lyceum in Baltimore, MD. He also has initiated a new project called the Lagniappe Project, which is dedicated to offering classes and activities to people with life-altering conditions, such as mental illness, disabilities or chronic physical illness. He currently focuses his efforts on bringing the arts to the chronically mentally ill, designing and running a library and research center at Baltimore's American Visionary Art Museum and developing an online art-sharing community for the American Pain Foundation.

**Bobbie Oxford, M.A. Psychology-MHC '06**, is a mental counselor with Seattle's Community Psychiatric Clinic. She continues to expand her private practice in Bellevue, where she specializes in women in transition, grief and loss, and spiritual discovery.



**Rikki Ricard, M.A. Psychology '91**, is a psychoanalyst/ psychotherapist in private practice in Seattle who works with adults, couples, adolescents and children in both psychoanalytic and psychotherapeutic settings. She graduated as an analyst from Northwestern Psychoanalytic Society and is the immediate past president of COR Northwest Family Development Center.



**Regan Sheppard, M.A. Psychology-CCFT '07**, recently started a private practice in Bellingham called Center for Emotional Health. She mainly counsels couples who are working on relationship, communication or sexual issues. "Because of my Antioch education, I am sent referrals from other therapists who are looking for a therapist with a good multicultural understanding. The in-depth multiculturalism

studies I found in all of my classes at Antioch has helped me a great deal with my Native American clients. Starting a private practice was a leap for me so fresh out of graduate school, but it was the right choice. I'm grateful to be in this field, excited to be a business owner and eager to see what the future holds."



**Sally (McIntosh) Stoehr, M.A. Psychology-CFT '00**, recently left Bremerton's Kitsap Mental Health Services after five years in the Child & Family Division to expand her private practice to two locations. She currently works with children, families and individuals in Poulsbo and with a new group called "Collaborative Family Therapy" on Bainbridge Island. She offered two groups this fall: "Families in Transition: groups for families and parents in transition" and "Getting Along Beautifully: Parents and Children Living Along the Autism Spectrum." She is also in training to become an American Association for Marriage & Family Therapy (AAMFT) approved supervisor.

**Joanna White-Wolff, M.A. Psychology-CFT '98**, recently launched her private business called Joanna White-Wolff Breathworks Unlimited, which involves the synergistic use of traditional psychotherapy with spiritual-mind-body connection philosophy, including breathwork, heart-centered hypnotherapy, eye movement desensitization reprocessing and thought field therapy. Her specialties are women's issues, sexual abuse, personal growth and past-life regression. For more information, visit her website at [www.joannawhite-wolff.com](http://www.joannawhite-wolff.com).

**Chris Wilczynski, M.A. Psychology-CCFT '06**, is a child and family therapist with the downtown Seattle YMCA, where he serves on the children's crisis outreach response system team. The team works with children in King County who are in the midst of a crisis and dealing with mental-health issues.

**John K. Yeoman, M.A. Psychology-MHC '06**, has completed a CD of instrumental music he worked on as a graduate student as part of his growth and greater understanding of the healing properties of music therapy, relaxation and biofeedback. His website is [www.soaringspiritkellstone.com](http://www.soaringspiritkellstone.com)



**Eric Warn**, alumni director, presents Antioch President **Dr. Cassandra Manuelito-Kerkvliet** with an authentic Navajo blanket on behalf of the alumni association. A crowd of more than 100 mostly Native American tribal members (representing various Washington state tribes) attended the recent welcoming celebration at Antioch co-sponsored by Williams Kastner Law Firm, Key Bank and Antioch University Seattle.



More than 20 Antioch alumni attended the first-ever Camp Antioch in late July on beautiful Vashon Island to engage the body, mind and spirit. Workshops and facilitated discussions were led by faculty and alumni on such topics as friendship, spiritual reflection, nature photography, storytelling and finding mid-life energy. Physical activity options included dance, beach walks and rope exercises emphasizing leadership building. Campfires, s'mores and songs rounded out the schedule. More than 40 alumni, including some from other Antioch campuses have already signed up for Camp Antioch II scheduled for July 18-20, 2008, again on Vashon Island. To see pictures and read what participants had to say about their camp experience, go to <http://www.antiochseattle.edu/alumni/camp.html>.

## Nominations for Distinguished Alumni Award due May 1

Do you know an Antioch University Seattle alumnus or alumna who should be nominated for the 2008 Distinguished Alumni Award? Candidates must:

- Have made a significant contribution to their professional field or to the community through civic engagement that brings distinction to Antioch University Seattle
- Be willing to serve as an ambassador for AUS to the greater community
- Be able to attend the Sunday, June 8, commencement ceremony

To nominate someone, including yourself, please submit a one-page letter highlighting his or her accomplishments. Your letter should also include the nominee's mailing address, phone

number and e-mail address.

Snail mail or e-mail your nomination by May 1, 2008, to:

Distinguished Alumni Award  
% Eric Warn  
Antioch University Seattle  
2326 Sixth Avenue  
Seattle WA 98121  
[ewarn@antiochseattle.edu](mailto:ewarn@antiochseattle.edu)

A committee will review the nominations and make the selection. The recipient will be presented the Distinguished Alumni Award at the June 8 commencement. To review a list of past award winners, go to [www.antiochseattle.edu/alumni/distinguished.html](http://www.antiochseattle.edu/alumni/distinguished.html)

## Faculty News



**Kate Davies, D. Phil.**, Environment and Community core faculty member, has been selected the new director for the Center for Creative Change. She brings to the position more than 25 years experience in the environmental field and has served as a special adviser for environmental health in the Canadian Institutes of Health Research; president of Ecosystem Consulting, Inc.; and director of environmental protection for the City of Toronto. Her interests include progressive social change and social movements, sustainability, social justice, public policy and environmental health.



**Nada Elia, Ph.D.**, B.A. in Liberal Studies core faculty member, has been elected president of the Association for Middle East Women's Studies, a prestigious international organization, for a two-year term beginning Jan. 2008. In addition, her book *The Revolution Will Not Be Funded* has won a Myers Outstanding Book Award for 2007.



**Mary Lou Finley, Ph.D.**, B.A. in Liberal Studies core faculty member, has published a chapter entitled "Shaping the Movement" in *Ignition: What You Can Do to Fight Global Warming and Spark a Movement*. She also was interviewed about her contribution to the book on the Joe Madison Show on radio station WOL-AM (Washington, D.C.) in late October.



**Bill Forisha, Ph.D.**, Psychology core faculty member and director of the M.A. in Psychology programs, has been named "Educator of the Year" by the Washington Association of Marriage and Family Therapists. The award is particularly meaningful because it results from action taken by WAMFT student members, many of whom know Forisha's teaching and educational leadership from firsthand experience.



**Janice Hoshino, Ph.D., ATR-BC**, Psychology core faculty member and chair of the Art Therapy program, along with Paul David, Ph.D., Psychology core faculty member and chair of the Child, Couple and Family Therapy program, and CCFT student Sarah Dailey presented their research finds on multi-generational infidelity at the 65th American Association for Marriage and Family Therapy (AAMFT) Annual Conference in Long Beach, CA.



**Christie Kaaland, Ed.D.**, Education visiting faculty member, had an article titled "Soul Searching: Promotion and Advocating for the School Library Program" published in the Spring 2007 issue of the *Journal of the Washington Library Media Association*. She was also instrumental in getting the Institute of Museum and Library Science to provide both Antioch University Seattle and Mansfield University Pennsylvania with a \$1 million grant. The grant will increase the number of school

library media specialists by awarding 72 scholarships for master's degree programs to highly qualified teachers, particularly teachers from underrepresented groups. Of these scholarships, 45 totaling \$320,000 will be awarded to Antioch University Seattle students who want to pursue a Washington state school library endorsement through Antioch's master's in education program.



**Anne Maxham, Ph.D.**, Education core faculty member and coordinator of writing programs, presented "Memoir Writing in the Digital Storytelling Age" at the November annual conference of the Washington State Council of Teachers of English (WSCTE), which was hosted by Antioch University Seattle. Maxham also serves as an executive board member of the professional organization of elementary, middle school and high school teachers of English and language arts.



**Jonathan Scherch, Ph.D.**, Center for Creative Change core faculty member, offered a keynote address for the International Conference on Bamboo held at Zhejiang Forestry University in Lin'an, China. Scherch was joined by CCC student Phil Gustavson and pursued after-conference tours of bamboo cultivation, manufacturing and related cultural connections across the region. A social worker, Scherch's collaborative research in China and elsewhere focuses on ecological design methods for social, economic and environmental sustainability. In August, he traveled to Bangladesh to consult on eco-design projects involving bamboo resource and renewable energy systems. The projects focus on alleviating poverty.



**Alex Suarez, Ph.D.**, Psychology core faculty member, along with Dug Lee, a psychology doctoral student, presented a paper "Listening with Integration" at the Society for the Exploration of Psychotherapy Integration in Lisbon, Portugal, which included an analysis of clips of working with clients. In addition, she recently presented a streaming video continuing education class called Current Practices: Where Psychology Meets Psychopharmacology. Suarez is also on the editorial board and a frequent contributor to *PsycCRITIQUES: Contemporary Psychology*, a web-based review of contemporary literature on psychology published by the American Psychological Association.

**Janet Tallman, Ph.D.**, B.A. in Liberal Studies director and core faculty member, co-edited and wrote an article for a book titled *The Power of Words: A Transformative Language Arts Reader*. Her article, "The Education of the Soul," deals with the place of transformative language arts in the cultural shifts of the 1960s.



**Bryan Tomasovich, Ph.D.**, B.A. in Liberal Studies faculty member, faculty coordinator of the Learning and Teaching Cooperative and editor of *KNOCK*, Antioch's literary arts magazine, wants alumni to know that a new issue (# 8) was released in early December. For a free copy, send an e-mail to: [knock@antiochseattleu.edu](mailto:knock@antiochseattleu.edu) and provide your name and mailing address. The magazine's website is [www.knockjournal.org](http://www.knockjournal.org).

## Charitable Bequests: Giving With a Will

Many alumni would like to make a significant gift to Antioch University Seattle to help ensure that the university's work will continue, but feel their generosity must be tempered by financial responsibility for themselves and their loved ones. However, though a bequest in your will you can help Antioch without neglecting your other obligations. For more information contact Michelle Wilkinson, director of development, at [mwilkinson@antiochseattleu.edu](mailto:mwilkinson@antiochseattleu.edu) or call 206-268-4114.

## Tell Us About Yourself

Please let Antioch know about important career or family events that you would like to share with other alumni in "Journeys." Send your news by e-mail to [ewarn@antiochseattleu.edu](mailto:ewarn@antiochseattleu.edu). Include a JPEG photo file of yourself, if possible.

## ADDRESS SERVICES REQUESTED

**Save a tree! To receive your next issue of "Journeys" via e-mail, contact [alumni@antiochseattle.edu](mailto:alumni@antiochseattle.edu)**

In order to receive AUS e-mail alerts, please add [alumni@antiochseattle.edu](mailto:alumni@antiochseattle.edu) to your address book.  
Thank you!

# Calendar of Events

**Friday Information Sessions** — Join Antioch admissions advisers on campus at **noon each Friday**. Feel free to bring your lunch.

**Professional coach training certificate program—  
Free information session**

Monday evening, January 28, 6:30 to 8:30 p.m. To RSVP, contact Antioch Cont. Ed. office at 206-268-4111.

**The Consultant's Challenge: Nonprofit Myth and Reality**

(Geared to volunteer consultants to the non-profit community)  
Wednesday, January 30, 4-6 p.m. Tuition: Free for Executive Service Corps members; all others \$25.00. Instructor: Amanda Madorno. To register, contact Antioch Cont. Ed. office at 206-268-4111.

**Legacy Leadership Institute on Environmental Stewardship—  
Free information session**

Wednesday evening, January 30, 6-7:30 p.m. To RSVP, contact Antioch Cont. Ed. office at 206-268-4111.

**Professional conflict mediation certificate program—  
Free information session**

Tuesday evening, February 5, 6 to 7:30 p.m. To RSVP, contact Antioch Cont. Ed. office at 206-268-4111.

**Travel the World as a Volunteer**

Three Tuesdays, Feb. 5, 12, and 19, 6-8:30 p.m. Tuition: \$135 Antioch alumni, students, staff, faculty. Instructor: Joyce Major. To register, contact Antioch Cont. Ed. office at 206-268-4111.

**War and the Soul: Healing PTSD**

(A workshop for mental health professionals)  
Friday, February 8, 9 a.m. to 4 p.m. Instructor: Edward Tick, Ph.D. Tuition: \$120 Antioch alumni and faculty. To register, contact Antioch Cont. Ed. office at 206-268-4111.

**Leading, Consulting, Facilitating: Building Resilient Organizations**

(Geared to experienced OD and HR professionals)  
Thursdays, February 14, 21, 28, 8:30 - 10:30 a.m. Instructor: Shana Hormann, MSW, Ph.D., core faculty in Antioch's graduate program in Organizational Psychology. Tuition: \$250 Antioch alumni, \$225 PNODN members. To register, contact Antioch Cont. Ed. office at 206-268-4111.

**How to Set and Raise Your Fees With Confidence**

(Geared to private practice clinicians and others who are self-employed)  
Two Wednesdays, Feb. 20 and 27, 6:30 to 9:30 p.m. Instructor: Mikelann Valterra, M.A. Tuition: \$79 Antioch alumni, faculty, staff and students. To register, contact Antioch Cont. Ed. office at 206-268-4111.

## WINTER OPEN HOUSES

Meet faculty, students and alumni to learn about the specific academic program that interests you. Financial aid representatives will also answer questions. An RSVP is appreciated, but you are welcome to attend regardless.

**Tuesday, Jan. 22, 6 p.m.**, Center for Programs in Psychology (art therapy, couple and family therapy, mental health counseling)

**Wednesday, Jan. 23, 6 p.m.**, Bachelor of Arts in Liberal Studies completion program

**Thursday, Jan. 24, 6 p.m.**, Center for Creative Change (environment and community, management, organizational psychology, strategic communication and whole systems design)

**Monday, Jan. 28, 6 p.m.**, Center for Programs in Education

**Saturday Information Session, Jan. 26, 10 a.m.** — Find out about Antioch's undergraduate or graduate programs. Admissions advisers will discuss program options, the application process, financial assistance options and more. Room 100.

**Resolving Conflicts at Work • advanced mediation workshop**

(Geared to experienced mediators)

Tuesday, March 11, 9 a.m. to 4 p.m. Instructor: Kenneth Cloke. Tuition: \$175 early registration, \$195 after Feb. 15. To register, contact Antioch Cont. Ed. office at 206-268-4111.

**Mediators Beyond Borders: Mediating Evil, War, Injustice and Terrorism • advanced mediation workshop**

(Geared to experienced mediators)

Wednesday, March 12, 9 a.m. to 3 p.m. Instructor: Kenneth Cloke. Tuition: \$175 early registration, \$195 after Feb. 15. To register, contact Antioch Cont. Ed. office at 206-268-4111.

For an up-to-date listing of all events at Antioch University Seattle go to the following link:

<http://www.antiochseattle.edu/events/index.html>