

JOURNEYS

The Antioch University Seattle Alumni Newsletter

January 2006

New Community Counseling and Psychology Clinic to Open



Dr. Liang Tien

Antioch's new Community Counseling and Psychology Clinic opened its doors to the public on Jan. 6. The on-site clinic will serve diverse communities, providing professional counseling on a sliding scale according to income.

In addition, it will enable Antioch clinical masters and doctoral students to gain valuable practicum and internship experience, according to **Dr. Liang Tien**, clinic director and core faculty member in the Psy.D. program.

The clinic is housed on the Antioch campus for ease of student and faculty access. Its grand opening will take place Friday, Jan. 27. The event is open to the public and alumni are invited to attend.

Barbara Ehrenreich to Speak at Horace Mann Awards, March 28



Barbara Ehrenreich

Best-selling author **Barbara Ehrenreich** will speak at the 3rd Annual Horace Mann Awards on March 28. The Horace Mann Awards honor those who have won victories for humanity. The event is also the primary fundraiser for the Scholarship Endowment.

Ehrenreich's books include *Nickel and Dimed: On (Not) Getting by in America*, an undercover expose of the day-to-day struggles of the working poor. Her latest book, *Bait and Switch: The (Futile) Pursuit of the American Dream*, focuses on white-collar jobs in corporate America and examines the need for universal health insurance and extended unemployment benefits to create a better safety net for displaced workers.

The Horace Mann Awards will take place at the Triple Door, which is located beneath Wild Ginger across Union Street from Benaroya Hall. All alumni are welcome to attend. The cost is \$100 per person; \$75 for alumni. All ticket sales benefit the Scholarship Endowment. Those attending will receive a signed copy of Ehrenreich's book *Bait and Switch*.

For reservations call (206) 268-4114 or e-mail Michele Norris, director of development, at mnorris@antiochseattle.edu.

Nominations for Distinguished Alumni Award due May 1

Do you know an Antioch University Seattle alumnus or alumna who should be nominated for the 2006 Distinguished Alumni Award?

Candidates must:

- Have made a significant contribution to their professional field or to the community through civic engagement that brings distinction to Antioch University Seattle
- Be willing to serve as an ambassador for AUS to the greater community
- Be able to attend the Sunday, June 11 commencement ceremony

To nominate someone, including yourself, please submit a one-page letter highlighting accomplishments. Your letter should also include the nominee's mailing address, phone number and e-mail address. E-mail your nomination by May 1 to ewarn@antiochseattle.edu. To read about past recipients, visit Antioch's website. The 2006 recipient will be presented the Distinguished Alumni Award at the June 11 commencement.



For her outstanding achievements in helping women reach their potential and break the cycle of poverty and domestic violence, **Nancy Farnham Hansen, M.A.** Psychology '91, right, received the AUS 2005 Distinguished Alumni Award from **President Toni Murdock**.

30th Anniversary Celebration Ends But Good News Continues



Toni Murdock, Ph.D., with early graduation "robe"

Our December graduation marked the end of our 30th year anniversary celebration. At a recent event honoring those students who graduated from 1975 to 1985, I had the opportunity to meet several alumni, including **Joan Leck**, M.A.Psych '76, who described the "robes" worn by the first graduating class. I asked if she would share with us the robe she wore, in actuality a red T-shirt with the statement, "Thank God I Graduated," to hang on our history wall (see photo). The AC/W on the t-shirt refers to Antioch College/West. Leck graduated before we became a university and at that time all the campuses on the west coast were governed by Antioch West, located in San Francisco.

Our news for the New Year is two-fold: the opening of the new Psychology Clinic (see front page article) and the introduction, starting spring 2006, of an exciting new degree program that focuses on building and executing effective communication strategies in times of change. The M.A. in Strategic Communication program offers an interdisciplinary approach to communication theory and practice and will prepare students to become better listeners, negotiators and facilitators.

The degree will appeal to those individuals who recognize the vital role that communication plays in influencing success both inside and outside of the organization. For more information contact **Wendy Olsen** at 206-268-4208.

I hope the New Year brings you good health, wealth and wisdom.

I hope the New Year brings you good health, wealth and wisdom.

Support Diversity Scholarships

By **Mary Lou LaPierre**, M.A. Psych '83
Dean of University Relations



Ken Alhadeff

Recently I had the opportunity to ask philanthropist **Ken Alhadeff** why he and his wife **Marleen** had helped create and fund the Future Teachers of Color program at Washington State University.

He said his answer could be traced back to the founding fathers and the lifelong struggle for equality in this country.

According to Ken, when our founding fathers declared that "all men are created equal," they really meant all rich white men who owned land. Later, lawmakers decided that slaves were men and needed to be free, that women could vote and that drinking fountains need not be segregated. This journey towards greater equality is a lifelong pursuit to achieve the American dream for all.

Ken feels these historic strides may have been the easy part of the journey to greater equality. For those trying to create an even playing field today, the search to find quantifiable ways to make a difference can be both exhausting and frustrating. However, Ken and Marleen discovered that enabling WSU to prepare more teachers of color produced immediate results, the effects of which could be measured in many ways.

First, the student of color who becomes a teacher is changed forever. Becoming a teacher can mean upward mobility and the opportunity to influence hundreds of students. It means becoming a role model in their families and social circles. The students he or she teaches also are changed forever. The children of color who are taught by this teacher gain a role model that is not a sports figure. The Caucasian children

taught by this teacher lose the stereotypes they have created about persons of color.

Ken and Marleen have found that sponsoring a student of color to become a teacher is an investment with a large payoff. Quantifiable, indeed, and very real.

Antioch University Seattle has a history of preparing teachers to teach in multicultural classrooms. Antioch also has a tradition of recruiting public school paraprofessionals of color and helping them become teachers through its B.A. with Teacher Preparation program (BATP). Antioch has committed \$50,000 in scholarships in order to recruit and prepare more students of color to become teachers.

Won't you join Ken and Marleen Alhadeff in helping persons of color to become teachers? Make a gift to provide scholarships to students in the BATP program today and witness some quantifiable results!



Jonathan Kozol, award-winning education author and speaker, visited Antioch in October to visit with students, faculty and the general public and sign his latest book, *Shame of the Nation*. Kozol's viewpoint is that racial segregation in the nation's inner-city public schools is higher than it's been since 1968 and that conditions for students in these schools are, as a result, getting worse.

B.A. in Liberal Studies Program

Teina Aronson, B.A. '04, works in Belize to satisfy a practicum requirement for Seattle University's M.A. in Psychology degree. "My work is through the Women's Department and the YMCA where I counsel survivors of domestic violence and at-risk teen girls. Additionally, I facilitate workshops on assertiveness, sexual negotiation and condom demonstrations throughout the country as part of a global effort to bring HIV/AIDS education to Caribbean nations. When I return to Seattle I will be finishing my internship through the Mental Health Chaplaincy, working with folks in drug and alcohol recovery."

Deborah Baraka, B.A. '03, graduated from the University of Santa Monica with a M.A. degree in Spiritual Psychology and currently is completing her M.A. in Counseling Psychology degree. She works with children in an elementary school using play and creative art therapy. She also works at the YMCA counseling center and is involved in a monthly sand tray learning group in Monterey County, CA.

Natasha de Castro, B.A. '02, celebrated the birth of her first child, Helena Theresa de Castro, March 22 in Connecticut. She and her husband are living in Danbury where they are both very busy and very happy.



Jani Drewfs, B.A. '04, is working on a master's degree in counseling at Southwestern College in Santa Fe, NM. She will graduate in 2006 and then plans to earn a Ph.D. in either Ecopsychology or Transpersonal Psychology.

Patricia E. Flores, B.A. '92, retired from the Refugee Women's Alliance and launched her website www.no1familyhistorian.com in June of 2005. Her experience in researching family history began with an independent study at Antioch in 1991.



Christopher Key, B.A. '94, is a freelance writer and photographer. He recently directed a very successful production of *Dracula* at the Blaine Community Theatre and is negotiating with an agent to represent his first work of full-length fiction, *P.L.: The Summer of '58*. Key is also a post-denominational priest. A registered counselor, he performs ceremonies, does healing work and offers spiritual direction all at no charge to his clients.

Julie Johnson, B.A. '90, recently attended the National Indian Self Governance Conference in Washington, D.C. She met with Washington State congressional representatives to discuss the possibility of "self-governing" the federal Indian Health Services Medical Clinic that serves 1,925 Native Americans living in the Neah Bay area. Self-governance would mean that the Makah Tribe would provide all administrative and direct health care services to its members.

Dawn Linden, B.A. Teacher Prep '04, is substitute teaching and looking for a full-time position. She was featured recently in a *Seattle Times* article discussing the impact class has on people's lives (http://seattletimes.nwsourc.com/html/jerrylarge/2002516211_jdl25.html).



Zorana Knapp, B.A. '05, recently moved to Tucson and obtained an Arizona real estate license. "I want to help low income people find housing; definitely a direct result of my wonderful experiences at Antioch." She is also involved locally with Habitat for Humanity.



Mauri Moore, B.A. '98, serves on the Edmonds City Council. She recently organized a forum in Edmonds to allow women an opportunity to voice their concerns to elected officials. She also works with the Community Technology Committee of Citizens, a committee she started, to eventually develop a long-range fiber broadband connection to every house in Edmonds. In addition, Moore is an active member of the Edmonds Daybreakers Rotary Club, the Edmonds Unitarian Universalist Church, the Edmonds Chamber of Commerce, the Edmonds-Woodway High School Parents Association and the Board of Trustees for Edmonds Community College.

Gervaise Moran, B.A. '05, works as a volunteer for CASA (Court Appointed Special Advocate) as a children's advocate for the King County Superior Court. "I have a caseload that require about 20 hours a week of preparation for court every other week. I intend to apply to law school, hopefully in the fall of next year."



Patricia Paul, B.A. '93, has been elected to the Washington Women Lawyers' (WWL) state board as co-vice president of governmental affairs. The principal purposes of WWL are to further the full integration of women in the legal profession, to promote equal rights and opportunities for women, and to prevent discrimination against them. In her new role, Paul monitors legislation that impacts the Washington Women Lawyer's constituency and brings it to the WWL board's attention.



Marcia Romero, B.A. '99, received an M.A. in Counseling/ Psychology, Expressive Arts Therapy degree from San Francisco's California Institute of Integral Studies. Currently, she is working with Medical Volunteers International to initiate a long term community-based mental health program on the Gulf Coast, "where indigenous and poor communities have been seriously discriminated against following various hurricanes and are in grave need of long term services."



Pamela Sackett, B.A. '90, is the principal artist and founder of Emotion Literacy Advocates (www.emolit.org), a nonprofit organization that grew out of her work as a teaching artist, performer and author. Pamela is currently developing a performance ensemble using original music and dramatic narrative in service to ELA's mission. Her latest book, *Saving the World Solo*, can be viewed at www.savingtheworldsolo.com.

Diana Savage, B.A. '04, attends Seattle Central Community College where she is training to be a chemical dependency counselor. She then plans to earn a master's degree in clinical psychology. She works part-time for the Alcohol Drug Help Line.



Nina Shapiro, B.A. '80, is a licensed clinical social worker with a degree and certification in alcohol and drug counseling. She works for Western Psychological and Counseling Services, Inc. in Vancouver, WA, a private mental health company that has chemical dependency treatment programs within its mental health clinics. As a chemical dependency counselor, Shapiro uses art therapy with individuals and families.



Cindy Tyo, B.A. '05, works full-time for Washington State Ferries doing technical writing and database development. She also volunteers for a local environmental organization in Kingston called Stillwaters Environmental Center, assisting in evaluating and recommending a nonprofit database system. Stillwaters was founded by an Antioch graduate as part of her change project.

Linda J. Wright, B.A. '93, is director of couple's services for the Gottman Institute in Seattle, which trains therapists and counselors in a research-based approach to relationship therapy. Five times per year the institute also offers experiential workshops for couples. Three years ago, Wright hired another Antioch alumna, **Venita Ramirez, M.A. Psychology '85**, to be director of professional development.

Center for Creative Change

Joseph Bailey, M.A. WSD-IP '84, is the director of contracted training at Linn-Benton Community College in Oregon. He recently completed his training with the Coaches Training Institute in San Rafael, CA. and works with people in leadership positions to achieve a healthy work-life balance.

JoAnn M. Burgess, M.A. WSD-OSR '93, is an organization development consultant with more than 20 years of experience in human resources development, training and consulting. She owns and operates Burgess Consulting Inc. Her areas of specialty include leadership and management training and development, executive and professional coaching and team coaching and training. She is certified to deliver

training courses and is a member of the International Coach Federation. In addition, she is an adjunct faculty member at Bellevue Community College. She can be e-mailed at joann@burgessconsult.com.

Lynne A. Campbell, M.A. WSD-OSR '95, is the director of Oregon Citizens for Safe Drinking Water in Lake Oswego, OR. She can be contacted at ocsdw@earthlink.net.



Milyssa (Carwin) Daigle, M.A. Org. Psych '04, works at Seattle's Children's Hospital and Regional Medical Center as a performance improvement consultant.

Judi M. Davis, M.A. E & C '03, sent her update via an Internet club in Kosiv, Ukraine. She is an environmental volunteer in Peace Corps Ukraine and works at a secondary school. "We are in the process of developing an environmental newspaper that the students will write and publish." She can be contacted at judimdavis@yahoo.com.

Karen Davis, M.A. WSD-OSR '99, retired from Hewlett-Packard this year and currently practices as a personal effectiveness coach. She can be contacted at daviskf@comcast.net.

Qwo-Li Driskill, M.A. WSD-IP '01, had a volume of poems, *Walking With Ghosts*, published by Salt Publishing. Written from a contemporary Cherokee, queer and mixed-race experience, these poems confront a legacy of land-theft, genocide, forced removal and resistance to ongoing attacks on both indigenous and GLBT communities. His website is www.dragonflyrising.com.

Dee Endelman, M.A. WSD-OSR '95, opened her own consulting practice, KEYS Organizational Consulting, in July after eight years as a senior associate for another consulting firm. She focuses on strategic design, facilitating, coaching and teaching to help people and their organizations make the changes they need to create the future they want! Her website is www.keysconsult.com.



Chris M. Fontana, M.A. WSD-IP '98, is the executive director of Global Visionaries, which educates and empowers youth to become leaders and global citizens who promote social and environmental justice through volunteer work at home and abroad. For more information, visit www.global-visionaries.org.

Tony Granillo, M.S. GMP '98, is a service delivery manager for the Boeing Company.



David K. Hicks, M.S. GMP '98, is a technical documentation specialist for the Boeing Company. He uses his GMP skills as co-manager of the Girl Scouts Hyinchuck Service Unit and is responsible for supporting the leaders of 30 Girl Scout troops while also acting as his youngest daughter's junior patrol leader. If you would like to "help girls grow strong," contact Hicks at hicks_scouting@yahoo.com or call 253-653-3273.

Bonnie Hutchinson, M.A. WSD-OSR '95, lives in Edmonton, Alberta, Canada. Her practice, SPIRIT Connections, helps people illuminate their path with energy work. "I focus on personal and organizational consultations and training to clear heavy energy, foster positive energy and connect with inner wisdom." Visit www.spiritconnections.com or e-mail bonnie@spiritconnections.com.

Annie K. Jacobsen, M.A. WSD-OSR '01, lives in the Green Lake neighborhood with her cat Sam and new puppy Lena. Her company, Assisted Transitions, facilitates the physical, emotional and other demanding decisions of personal moving, whether down the street or across the nation. Visit www.assistedtransitions.net for more information.



Lisa Gae Jones, M.A. WSD-IP '88, is a principal for Kirkland's Romano & Jones Marketing Communications, LLC. Its services include business and marketing plans, branding, public relations, advertising, focus groups, spokesperson services, creative services and copywriting. She can be contacted at lisagae.jones@comcast.net.

Michael Kirschman, M.A. E & C '98, is the manager of Natural Areas and Interpretation for the Geneva Park District in Geneva, IL, where he lives with wife Kay and daughter Sarah. He enjoys birding, hiking, rafting, scuba diving, volleyball, softball and playing a good game of Scrabble. He can be reached at mkirschman@genevaparks.com.

Yvonne Kraus, M.A. E & C '03, works as a project manager for Norton-Arnold & Co., a public involvement and community outreach firm in Seattle. She currently manages community relations for a new bicycle/pedestrian trail in southeast Seattle that the City of Seattle is building with recycled materials from Sound Transit's Link Light Rail Project.

Nancy E. Lander, M.A. WSD-IP '96, works as a design consultant for Cascade Design/Build, a residential remodeling firm. "I practice sustainable design whenever possible and you can see my profile on www.cascadebuild.com. I am still bird watching daily after taking inspirational classes at Antioch from Sue Woehrlin and Lois Harris."



Arah D. Martin, M.A. WSD-IP '89, is a faculty development specialist in the School of Management at City University. She manages organization behavior courses, focuses on coaching the "business practitioner" instructors and works with full-time faculty to develop best practices in teaching adult learners.

Wendy Maurer, M.A. Org Psych '05, was hired at her internship site, Highline West Seattle Mental Health, to do intake assessments. She also is opening a private practice in the Green Lake neighborhood and looks forward to working with continual clients. She can be reached at 206-999-3110.

Michele McNickle, M.A. WSD-OSR '99, is a senior manager for organization development at T-Mobile USA in Bellevue. She recently won the company's PEAK achievement award that included a trip to Maui. E-mail Michele.McNickle@T-Mobile.com or Michelem@foxinternet.com.

Mary E. Moorehead, M.S. GMP '03, was diagnosed with multiple sclerosis after graduation from Antioch. "Handling this change has been my focus since the diagnosis. It has also given me a great opportunity. I am currently receiving training in a program that pairs a peer with a person with MS to talk about the disease. I already have the same relationship with this group that I had with my Antioch cohort. I know that my experience at Antioch is a significant factor in my decision to participate in this program, which allows me to give back to the world from my own small corner."

Kate (Kathleen Provost) Myer, M.A. Org Psych '94, works throughout the country as a consultant for animal shelters and animal rights groups such as the Society for the Prevention of Cruelty to Animals, but is now looking to settle down as a full-time employee somewhere in the Northwest.

Bryn Ramjoue, M.S. GMP '97, owns an advertising agency in Salt Lake City called The Storey Agency and would love a Seattle client. To her cohort: "I miss you jerks!" Contact www.thestoreyagency.com or bryn@thestoreyagency.com.

Heather H. Robinson, M.A. WSD-OSR '88, is the founder of, and principal consultant for, Success Across Borders - Training and Development for a Whole World, an organization located in Kent and Bangalore, India. Her business focuses on international teambuilding and leadership coaching for global executives. E-mail har5055@aol.com.



Zarod Rominski, M.A. WSD-IP '93, has been applying her whole systems design theory and practice working as the associate executive director of Outside In, located in Portland. "I oversee and, with my staff, run a community health clinic, homeless youth services department and risk education department. Working with other non-profits, the city and the county, I have helped develop a nationally recognized system of collaborated services for homeless youth. Facilitative leadership has been the key to my success. In the volunteer area, I actively love, protect and nurture 80 acres of undeveloped forest land held by a women's land trust in Southern Oregon."

Maria M. Roz, M.A. Org Psych '03, is an educational adviser at Tacoma's Pierce College.

Linda Schnee, M.A. Org Psych '02, is an education specialist overseeing the Washington Reading Corps program run out of the Washington Campus Compact (WCC) office at Western Washington University in Bellingham. WWC is a statewide coalition of college and university presidents who have united to further the civic purposes of higher education.

Joe F. Shirley, M.A. WSD-IP '02, recently opened an office on Capitol Hill promoting "The 9JOYS Approach to Living Well," a transformative process and systems model of human nature. His manifesto, "Joy Is a Revolutionary Act," can be viewed at www.9JOYS.com.

RoseAnn Stevenson, M.A. WSD '85, is the lead for the design and development of blended learning diversity skills courses to be offered to 155,000 Boeing Company employees.

Carol Stewart, M.A. WSD-IP '00, having recently reached the "official" retiring age, states, "My working life has consisted of a variety of interesting contracts: coordinating the Canadian Cancer Society door-to-door fundraising campaign, facilitating an activity group for children with ADD/ADHD and serving as employment counselor at the local employment center. This fall I will travel to Southeast Asia for three months and spend time in Thailand, Laos, Vietnam and Indonesia. I am open to working on any volunteer projects that come my way during my travels and would love to hear of such opportunities." E-mail carol_stewart@sunshine.net.

Ann Stillwater, M.A. WSD-OSR '95, is the new director of education and training for Seattle's Center for Ethical Leadership. Her volunteer activities include serving on the curriculum committee for Leadership Eastside, serving as the advisory committee chair for the Seattle Office of the International Rescue Committee and serving as a board member for the Siddha Yoga Meditation Center of Seattle. "I'll also be teaching as an adjunct instructor at Seattle University's Nonprofit Center in the winter and spring."



Terry N. Taylor, M.A. Org Psych '01, is celebrating achieving both the prestigious designation of Master Certified Coach and her 10th year in business as an executive, team coach and business and organizational development consultant. "Who knew my practice would find me in the open heart surgery room, in the court room or on the assembly floor watching teams work?" She often sends

silent blessings to Antioch faculty members Pat Vivian, Barbara Spraker and Shana Hormann for their influence and tutelage.



Larry F. Thoma, M.A. Org Psych '94, has worked for a large paper manufacturing company in Everett for the past 16 years. He is starting a self-storage business in New Mexico, where he hopes to move in two years, and is interested in taking courses that will allow him to become a mediator. "I'm still single, but looking for a companion."

Claudia Vergnani Vaupel, M.A. E & C '04, can be reached at claudiamvv@hotmail.com or cvaupel@antiochseattleu.edu.



Peggy Young, M.S. GMP '04, has a company called "Life Changes," which coaches mental golf and life transitions. She is presently doing a Professional Golfers' Association of America (PGA) master's thesis study with a PGA instructor and applying her coaching expertise to every area of her community life. E-mail: coachpeggy@lifechanges.us.

Center for Programs in Education

Sergio H. Benavides, M.A. Education w/Teacher Cert. '97, says that after working as a teacher from 1998 to 2002, he went to law school. In May, 2005, he finished law school and took the California bar exam in July 2005. "Then I traveled to Spain and Morocco to center myself and relax." He recently moved from San Francisco to Hayward and keeps busy taking legal training courses, networking with colleagues and planning a solo employment and small business consulting law practice.

Bruce T. Hall, M.A. Education w/Teacher Cert. '04, is a substitute teacher with the Seattle Public School District.

Darlene Hilyard, M.A. Education '05, has been a Washington State employee for the past 25 years and works for Washington State University.



Alanah Miller, M.A. Education w/Teacher Cert. '04, is in her second year teaching advanced placement literature and language at Highline High School. She serves on the global business and marketing school steering committee and is working to prepare for small school conversion next year. She was married this summer and lives in West Seattle with her husband and two children. "Life is good."



Nancy J. Nelson, M.A. Education '96, completed her Ph.D. in education from Walden University. She has been the director of the African American Education program at Eastern Washington University since 1998.

Kim Olson, M.A. Education w/Teacher Cert. '03, teaches seventh grade science at Tacoma's Gaudrone Middle School and coaches girl's swimming at Stadium High School. She also is the seventh grade team leader and is busy applying for national board candidacy for next year.

Marsha Ramme, M.A. Education w/Teacher Cert. '04, continues to substitute teach in the Mukilteo, Edmonds, Shoreline and Seattle school districts. She's looking for a long-term substituting position or a full-time teaching position.

Erin E. Thomas, M.A. Education w/Teacher Cert. '02, works for Seattle's Small Schools Project, which provides technical assistance to Washington state schools that received reinvention grants from the Bill & Melinda Gates Foundation. She heads a video project focusing on shifting teaching practice; the first two videos on project-based learning and integrated curriculum have just been released with four more to come in the following year. Her partner on the project is former Antioch instructor, Micki Evans. For more information, visit www.smallschoolsproject.org. Thomas lives in Ballard and is busy planning her upcoming wedding.

Linda G. Thompson, M.A. Education '00, recently earned a credential in library science. She sponsors the Gay Straight Alliance Club at Eastlake High School. Last year she co-published *Other Voices*, a book of poetry by people with mental illnesses. This year she won a poetry prize at the Edmonds Writing Conference for *Write on the Sound*.



Cheri Valdovino, M.A. Education w/Teacher Cert. '03, is the distance education coordinator for Blackfeet Community College in Montana. In addition, she is finishing her first year in the doctoral program in educational leadership and higher education at the University of Montana.



Lang Walsh, M.A. Education w/Teacher Cert. '03, teaches first grade at P.S. 305 Dr. Peter Ray School in Brooklyn, N.Y. and is plans to apply for permanent certification in New York. After that, she will apply for national certification.

Center for Programs in Psychology

Judy (Dorman) Berrett, M.A. Psych '88, works at Northwest Indian College, where she teaches psychology courses and coordinates internships. "This position is extremely rewarding as it involves working with Native American students from various tribes and creating service learning and internship partnerships for them."



Cherie Byrd, M.A. Psych '81, B.A. '78, is the creator and director of The Kissing School and the author of the book *Kissing School: Seven Lessons on Love, Lips and Life Force*, which was released earlier this year by Sasquatch Books. The book is now being printed in Korean and Dutch and is the textbook for Byrd's experiential, daylong classes taken by couples ranging from their mid-20s to their mid-60s. Some participants are in new relationships;

others have been married 20 years. Since 1998, more than 1,200 folks have signed up to learn how to cultivate the kiss sublime. For more information, visit <http://www.antiochseattle.edu/about/storiesbyrd.html>.

Andrea L. Carlson, M.A. Psych-MHC '02, is a clinical supervisor at a community health center in Pierce County.

Brenda Chevalier, M.A. Psych '90, is working as an intervention specialist at the Bellingham School District. She has been a licensed mental health professional since 1992.

Lisa Conger, M.A. Psych '91, teaches poetry and creative writing to senior citizens through Spokane Falls Community College's Institute of Extended Learning. She is also a member of the National Association of Poetry Therapy and wrote a successful grant to co-facilitate a writing group for professional caregivers at Spokane's Sacred Heart Hospital. "Although I am not working professionally as a therapist, I truly believe that writing is therapeutic and that the work I do fosters healing and growth."

Kamilia Dunsky, M.A. Psych-MHC '95, is the mental health program supervisor at Senior Services of Snohomish County, overseeing and coordinating a geriatric depression screening program and a senior peer counseling program. She has been with agency for the past seven years and continues to enjoy the challenge and growth involved in working with older adults.



Jana Ekdahl, M.A. Psych-MHC '98, is a licensed mental health counselor in private practice. Previously, she spent seven years at Seattle Counseling Service, where she coordinated the transgender program. Ekdahl appeared on the Oprah Winfrey show last year as a gender specialist. She also works as an on-call supervisor at the King County Crisis Clinic where she authorizes county psychiatric hospitalizations.

Nancy Eveleth, M.A. Psych '86, works full-time for Valley Medical Center's Psychiatry and Counseling Center in Renton. "I have two job functions – I'm a psychotherapist conducting counseling sessions with clients and I perform the clinical manager duties as well. We have 17 clinicians including psychiatrists and people with ARNP, Ph.D., MA and MSW degrees. While I work with clients that have a variety of issues, one of my specialties is eating disorders."

Laurie (Christenson) Gabriel, M.A. Psych-MHC and Art Therapy '02, is a tobacco treatment specialist with Seattle's Free & Clear, Inc. and is in the process of acquiring a literary agent for her fiction manuscript.



Tarika C. Glubin, M.A. Psych '88, is the founder and co-director of the Freedom Institute. "At the moment the institute is just housed on the website, www.free4being.com, but at some point it will find a physical home too."

Ann Lawrence, M.A. Psych-MHC '88, is an adoption specialist in private practice, providing counseling for prospective birth mothers and also home studies for families planning to adopt internationally or locally. "It is uniquely satisfying work and I appreciate being involved in building intentional families."

Rachel LordKenaga, M.A. Psych-MHC '04, is a full-time mental health clinician at Community Psychiatric Clinic's Bellevue location. "I am fortunate to use art therapy with most of my clients and run three groups: grief and loss through art therapy, identify through art therapy and open studio. I work existentially with a very diverse group of adult clients and thoroughly enjoy my job. I also maintain my painting studio and have a film in the works."



Nancy Mellor, M.A. Psych-MHC '95, is the director of Behavioral Health Services for the Muckleshoot Indian Tribe. She has been seeing clients and working to integrate the chemical dependency and mental health program over the past two years. She also became a certified hypnotherapist in 2003. "I enjoy the spiritual aspects of working for a tribe. My experiences at Antioch really enhanced my journeys in this direction. I can be reached at nancy.mellor@muckleshoot-health.com and would love to hear from my classmates."

Donna Steadman, M.A. Psych-CFT '04, works as a counselor in addiction services at Langley Family Services in British Columbia. "I was thrilled to get the job because I was expecting to have to pay my dues, as a recent Antioch graduate, and do part-time, shift-work (with a) bad commute. This job is 15 minutes from home, 9 a.m. to 5 p.m., Monday through Friday, with a wonderful supervisor and tolerable, but comparatively low, pay. It's an awesome learning opportunity and an excellent doorway to working with my primary interest clientele: men in mid-life."

Jennifer (England) Wolman, M.A. Psych-CFT '02, is newly licensed, a new mom and starting a new business. "With an infant at home, I'm developing a curriculum and preparing to open a therapeutic daycare. With prior experience as a child and family therapist, I'm incorporating group activities and play therapy techniques as part of my business plan. This way I can enjoy the benefits of staying home with my son and using my psychology background to further emotional development in other children as well."

Barbara J. Wright, M.A. Psych '85, is temporarily living in London, doing consulting work and teaching courses in a nursing program.

Tell Us All About Yourself

Please let us know about important career or family events in your life that you would like to share with other alumni in "Journeys." Send your news by e-mail to ewarn@antiochseattle.edu. Include a JPEG photo file of yourself if possible.

President Murdock Named Acting Chancellor for Five-Campus System

Antioch University's Board of Trustees has appointed Antioch University Seattle President **Toni Murdock**, Ph.D., to replace retiring Chancellor Jim Craiglow as Acting Chancellor. Her appointment began mid-November.

Murdock will remain as president of Antioch University Seattle and continue to be based at the Seattle campus. Her selection reflects her administrative talents, her financial acumen as well as her active role in promoting diversity at all the institutions she has served in her 31 years in higher education. She is the first woman chancellor in the history of Antioch.

A national search for Craiglow's permanent replacement is underway with Murdock serving on the search committee.



Center for Creative Change (CCC) alumni recently attended a breakfast meeting on campus with **President Toni Murdock** and past CCC Program Director **Kristin Woolever** to provide them feedback on their Antioch experiences and to receive an update on current happenings. The university uses the alumni input to improve the educational opportunities for future students.

Faculty News

Andrew H. Benjamin, Ph.D., Psychology affiliate faculty, helped write a report published in the American Psychologist titled "APA 2020: A Perfect Vision for Psychology", which also was included in the American Psychological Association's 2004 Five-Year Report of the Policy and Planning Board. He also co-authored "Family Evaluation in Custody Litigation: Reducing Risks of Ethical Infractions and Malpractice" published by the American Psychological Association.

Kate Davies D.Phil., E & C core faculty, presented a paper, "Policies for the Management of Persistent Bioaccumulative Toxic Substances: A Review of Experience," at the American Public Health Association in Philadelphia. She also chaired a session on the link between environmental contaminants and learning disabilities in children.

Nada Elia, Ph.D., B.A. core faculty, presented her research on the connections between the military and domestic violence at the University of Washington Feminist Dialogues on Social Justice. Her paper is entitled "When Land Came Before Honor: Palestinian Women's Response to Political Violence."

Mary Lou Finley, Ph.D., B.A. core faculty, appeared on radio stations in Los Angeles and Santa Barbara to discuss the current work of contemporary social movements in the community. She is co-author with Bill Moyer of the book *Doing Democracy: the MAP Model of Organizing Social Movements*.

Bill Forisha, Ph.D., Psychology core faculty, co-authored "Towards a Culturally and Spiritually Consonant Treatment of Native Hawaiians: An Integration of Family Therapy and Ho'oponopono," which appeared in *The Couple and Family Therapist's Notebook*.

Jayashree George, M.A., Psychology core faculty, co-authored "Three Voices on Multiculturalism From the Art Therapy Classroom" published in *Art Therapy: Journal of the American Art Therapy*.

Pamela Bolotin Joseph, Ph.D., Education core faculty, co-authored "Seven Worlds of Moral Education" published in *Phi Delta Kappan*, a professional journal for education.

Pat Linn, Ph.D., core faculty and chair of the Psy.D. program, wrote the "cooperative education" entry for the forthcoming *Encyclopedia of Career Development* to be published by Sage Publications.

Jonathan Scherch, Ph.D., E & C core faculty, had a paper/presentation, "From Rhizome to Renaissance: Engaging Integral Bamboo Systems for Sustainable Development," accepted by The Second International Conference on Environment, Cultural, Economic and Social Sustainability held in Vietnam.

Innovative Program Leads to Doctoral Degree In Leadership and Change

Many alumni are not aware of Antioch's most recent innovative step in higher education, the Ph.D. in Leadership and Change. This program, which takes advantage of Antioch's national presence, educates professionals from a wide range of fields and in a variety of occupations to be reflective practitioners, principled leaders and engaged scholars.

Although the program offices are located in Yellow Springs, quarterly residencies are held on a rotating basis at the sites of Antioch campuses in four states. The program currently has 100 aspiring doctoral students taught by nine outstanding faculty members.

The priority application deadline for the 2006-07 academic year (which starts July 2006) is February 13. E-mail Eric Warn at ewarn@antiochseattle.edu for a program brochure and recent newsletter.

Alumna Receives Kidney Transplant



Julie Panneton, MA Psych – MHC '00, who has suffered from lupus and kidney disease for the past 20 years, received a new kidney Nov. 4, thanks to her cousin whose blood type was a match.

Panneton was featured in the November issue of "Journeys," and several alumni responded to her request for an organ donor.

Discharged from the hospital shortly after surgery, Panneton is now recovering at home and doing well.

She notes, "I want to thank you all so much for your e-mails, letters, calls, thoughts, prayers, support and friendship for the past 16 months."

ADDRESS SERVICES REQUESTED

Save a tree! To receive your next issue of "Journeys" via e-mail, contact alumni@antiochseattle.edu

In order to receive AUS e-mail alerts, please add alumni@antiochseattle.edu to your address book.
Thank you!

Calendar of Events

Friday Information Sessions – Join Antioch admissions advisers on campus at **noon each Friday**. Feel free to bring your lunch.

Tuesday, Jan. 17, 7 to 9 p.m., "Civic Engagement in Developing Countries: A Tale of Two Continents." Patricia Mushayandebvu, Zimbabwe, and Timur Baiserkeev, Kyrgyzstan, U.S. Department of State Hubert H. Humphrey Fellows. Global Issues & Perspectives Lecture Series.

Mondays, Jan. 30 to March 6, 2006, 8 to 9:30 a.m., "Monday Morning Writing Workouts," a workshop with Betsy Aaron. Cost is \$125 for alumni. Call 206-268-4111 or e-mail ce@antiochseattle.edu for information or to register.

Wednesday, Feb. 1, 7 to 9 p.m., "The Corporation: Its Impact on a Global Society." Bob Willard, visiting faculty, Center for Creative Change. Global Issues & Perspectives Lecture Series.

Saturdays, Feb. 4 to March 4, 8 a.m. to 5 p.m., "A Spectrum of Learners: Exceptionality." Instructors: Pattabi Raman and team. Cost is \$960 plus \$30 materials fee for 4 credits. Call 206-268-4111 or e-mail ce@antiochseattle.edu for information or to register.

Wednesdays, Feb. 8 to Feb. 22, 5:30 to 9:30 p.m., "Beyond Diversity," a workshop with Edree Allen-Agbro. Cost is \$200 for alumni. Call 206-268-4111 or e-mail ce@antiochseattle.edu for information or to register.

Sunday, Feb. 12, 8:30 a.m. to 4:30 p.m., a one-day workshop for women on "Living with Intention and Imagination in the Second Half of Life." Co-sponsored by AUS Center for Creative Change and WomanSpirit Center. Participants must pre-register. For more information, contact Debra Alderman at 206-268-4118 or dalderman@antiochseattle.edu.

Friday, Feb. 17, 1 to 6 p.m., Saturday, Feb. 18, 9 a.m. to 6 p.m., and Sunday, Feb. 19, 9 a.m. to 6 p.m., "Theories & Practice of Coaching." Instructor: Chanda Carlson. Cost is \$1415. Call 206-268-4111 or e-mail ce@antiochseattle.edu for information or to register.

Tuesdays, Feb. 21, March 7, 21, April 4 and 18, 6:30 to 9:30 p.m., "Writing a Sustainable Business Plan," a workshop with Urs Koenig. Cost is \$375 for alumni. Call 206-268-4111 or e-mail ce@antiochseattle.edu for information or to register.

Thursday, Feb. 23, 1 to 4 p.m., "Mindfulness-Based Cognitive Therapy," a workshop with Anil Coumar. Cost is \$55 for alumni. Call 206-268-4111 or e-mail ce@antiochseattle.edu for information or to register.

WINTER OPEN HOUSES

Meet faculty, students and alumni to learn about the academic program that interests you. Financial aid representatives will also answer questions. An RSVP is appreciated, but you are welcome to attend regardless.

Monday, Jan. 23, 6 p.m., Center for Creative Change (environment and community, management, organizational psychology, strategic communication and whole systems design)

Tuesday, Jan. 24, 6 p.m., Bachelor of Arts in Liberal Studies completion program

Wednesday, Jan. 25, 6 p.m., Center for Programs in Psychology

Thursday, Jan. 26, 6 p.m., Center for Programs in Education

Mondays, Feb. 27 to March 27, 4:30 to 8:30 p.m., "Introduction to Pacific NW History." Instructor: Lorraine McConaghy. Cost is \$280 for 2 credits. Call 206-268-4111 or e-mail ce@antiochseattle.edu for information or to register.

Tuesdays, Feb. 28 to March 28, 6:30 to 9:30 p.m., "Copy Editing Basics" with Beth Chapple. Cost is \$250 for alumni. Call 206-268-4111 or e-mail ce@antiochseattle.edu for information or to register.

Wednesday, March 1, 7 to 9 p.m., "Problems and Perils of Global Citizenship." Hubert Locke, 2005-6 Distinguished Visiting Fellow, Center for Creative Change. Global Issues & Perspectives Lecture Series.

Friday, March 3, 9 a.m. to 4 p.m., "Diagnosis and Treatment of Trauma and Personality Disorders," a workshop with Stephen K. Reed and Carolyn Erickson. Cost is \$120 for alumni. Call 206-268-4111 or e-mail ce@antiochseattle.edu for information or to register.

Saturdays, March 4 to 25, 9 a.m. to noon, "Growing a Private Practice," a course with David Lutz. Cost is \$300 for alumni. Call 206-268-4111 or e-mail ce@antiochseattle.edu for information or to register.

For a complete list of activities through June, contact ewarn@antiochseattle.edu.