

JOURNEYS

January 2003

The Quarterly Newsletter for Antioch University Seattle Alumni

Antioch Sets Goal to Increase Scholarships



Brian Read of U.S. Bank presents President Toni Murdock with an \$18,000 check for BATC scholarships. Three scholarships were awarded to BATC students this winter with more scholarships to be awarded later this year.

Recognizing that a student can graduate owing as much as \$31,333 in student loans, Antioch has pledged to increase funding for scholarships with a renewed commitment to building the scholarship endowment and the creation of a scholarship committee.

The scholarship committee recently awarded 16 scholarships, totaling \$17,500, to incoming students for the fall and winter quarters. These scholarships were made possible in part by an \$18,000 grant from U.S. Bank and a \$3,000 gift from the Boeing Co.

Students receiving \$500 renewable scholarships included: Scott Hansen, Environment and Community Program; Angela Gooding, M.A. Education Programs for Experienced Educators; Julie Povick, B.A. in Liberal Studies Program; Melissa Marsh, B.A. in Liberal Studies Program; Paula Casey, Mental Health Counseling Program; Cathleen Ramsdell, Mental Health Counseling Program; Laura Drake, Bachelor of Arts in Liberal Studies with

Teacher Certification Program; Tom Daily, Graduate Teacher Certification Program; Dana Plamendor, Mental Health Counseling Program; Deana Lindenwright, Bachelor of Arts in Liberal Studies with Teacher Certification Program; and Emerald Quach, Bachelor of Arts in Liberal Studies with Teacher Certification Program.

Receiving \$1,000 Clara Jackson Memorial Scholarships were Victoria Segundo, M.A. Education Programs for Experienced Educators, and Dolores Maria Rossman, Whole Systems Design Program.

Alumni Spotlight: Karen Johnston

by Annie Beckmann

Karen Johnston had been a third-grade teacher and a supermom when she came to Antioch University Seattle in the early '80s to study psychology.

Her goal was to create a niche for herself as a trainer. And that she did.

As president of the Johnston Training Group, Inc., in Seattle's Belltown, today Johnston works with all the top architecture, engineering and law firms in the region, customizing training programs in presentation, business development and communication skills.

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Feb. 15 application deadline for next cohort of Antioch's Ph.D. in Leadership and Change Program

Those interested in enrolling in the next cohort of Antioch University's Ph.D. in Leadership and Change Program, which begins in July, should apply by Feb. 15.

The program, which attracts students from across the country, is comprised of weekend residencies held quarterly at Antioch's five campuses. These residencies offer small seminars, lectures and elective sessions around the curriculum's focus on leadership and change, inquiry and research.

In August, at the summer residency held in Yellow Springs, Ohio, a guest panel on higher education reform featured three university presidents. Another residency guest was the renowned civil rights leader Rev. Fred Shuttlesworth, who shared his stories of leading Birmingham's justice movement. The winter residency, held Jan. 25 at Antioch Seattle, featured Lotus founder Mitchell Kapor, a visionary in the high-tech field.

The program is taught by founding faculty members Elizabeth Holloway and Richard Couto — scholars with national reputations and a strong commitment to Antioch's values. Holloway, professor of psychology, taught at the University of Wisconsin — Madison, and Couto, professor of leadership, is a political scientist from the Jepson School of Leadership Studies and the University of Richmond, Virginia.

For more information about the Ph.D. program, please call (937) 769-1360, e-mail office@phd.antioch.edu or visit the program's website at www.phd.antioch.edu.



Dr. Toni Murdock
President

New Directions for the New Year

As we begin the New Year, I want to share with you a few of the exciting things happening at Antioch.

At a recent three-day retreat, faculty, staff, students and alumni made recommendations that will result in a **quantum redesign of the Center for Creative Change**. The redesign will

further integrate the center's four programs by requiring all students to take the same six core courses: Ecological Sustainability, Global Pluralism, Transformative Leadership and Change, Critical Inquiry and Ways of Knowing, Communication Design, Systemic Thinking for a Changing World, and Integrated Skills for Sustainable Change. The redesign may also allow students to earn 18-credit specialization certificates in leadership, change management, applied communications or ecological design. In addition, the center is working on adding a degree in communications and policy to its current degree offerings of management, environment and community, organizational psychology and whole systems design.

Changes also are taking place in the Center for Programs in Psychology. By fall 2004, Antioch hopes to offer a **doctoral program in clinical psychology**. The addition of a Psy.D. program will allow students to complete both their master's and doctoral degrees at Antioch. It also will allow faculty and students to engage actively in research, which would attract more funding, and elevate the status of Antioch's psychology program. Currently there is only one other Psy.D. program offered in the Seattle area.

Lastly, Antioch has selected the first three sites to take part in the **Early College High School Initiative for Native Youth**, part of a nationwide effort to increase the number of first-generation, low-income and minority students who attain a bachelor's degree. These sites are Medicine Wheel Academy in Spokane, Ferndale High School in Ferndale and Tulalip Heritage School in Marysville. Antioch will work with these schools to redesign their curriculum to better serve Native American students – students who have the highest dropout rates and the lowest college completion rates of any ethnic group in the country.

As a member of Antioch's alumni, I hope you share our excitement about the future of Antioch. I also hope you will consider making a gift to Antioch that will help us continue to grow and provide truly transformative educational opportunities. Enclosed in this issue, you will find a contribution envelope. Great things are happening at Antioch, and we want you to be part of them!

Johnston *continued from page 1*

Johnston's vision took shape when there weren't nearly as many role models for success in this field as there are today.

At first, her clients were real-estate firms and small utilities. Then she edged her way to larger corporations. She began in the field of stress management training until she realized that training programs in customer relations, relationship selling, marketing and presentation skills were more likely to be a priority for those who make decisions about training.

"One of the toughest things for my clients to understand is what their clients need and how they think because it is usually so different. An architect may be interested in the creativity of the design but the client is interested in getting the maximum amount of profit from a site. It's hard for them to translate their work into the language of their potential client.



Karen Johnston, M.A. Psych '82, is now president of the Johnston Training Group.

"These are people who already know a lot. I help them discover the skills, insights and strategic thinking necessary to get more of what they want in a very competitive environment," she notes.

Ask her to explain why training is so valuable, and Johnston says the importance remains unchanged from the days when she was an AUS student.

"The purpose of training is to change attitude and behavior, period. I learned that at Antioch,"

she says. "It isn't what we don't know that limits us. It's what we don't know we don't know. It's my job to restructure what they already know so they can use that insight and knowledge more effectively."

Faculty

Guy Burneko, Ph.D., WSD core faculty, authored "By the Torch of Chaos and Doubt: Consciousness, Culture, Poiesis and Religion in the Opening Global Millennium." Published by Hampton Press, it suggests that the mystery and paradox of the world do not reduce to exclusively spiritual or material grounds.

Linda Campbell, Ph.D., project director for the Early College High School Initiative for Native Youth, had her latest book published by Corwin Press. The book, "Mindful Learning," provides research-based principles and practices for addressing classroom diversity. The book is being adopted by pre-service and in-service agencies to improve the quality of instruction for elementary and secondary students.

Don Comstock, Ph.D., GMP core faculty, and **Ormond Smythe, Ph.D.**, academic dean, are participating in a panel discussion at a meeting of the Association of American Colleges and Universities this month. The discussion will focus on the design of the reflective practicum as part of the curriculum in the Center for Creative Change. Also on the panel will be **Joan Straumanis**, president of Antioch College.

Mary Lou Finley, Ph.D., B.A. core faculty, **Candace Harris, M.A.**, B.A. core faculty, and **Carson Marshall, B.A. '01**, will present at a conference for the Washington Center for Quality Undergraduate Education. The conference, "One Step at a Time: Small Doable Acts, Worthwhile Results," takes place next month. The three will make a presentation on the Women's Education Project at Antioch, which provides educational outreach to homeless women.

Bill Forisha, Ph.D., psychology core faculty, moderated two presentations: "Culturally Consonant Treatment of Native Hawaiian Youth," presented at the 60th annual conference of the American Association for Marriage and Family Therapy, and "Culturally Consonant Treatment of Adolescent Substance Abuse," presented at the annual meeting of the Minnesota Association of Children's Mental Health. He also wrote a chapter for the publication, "Safeguarding Our Youth: Successful School & Community Programs," with **Carol Wright, M.A. Psych '94**, and **Margaret Tucker, M.A. Psych '02**.

Judith Gray, Ph.D., education core faculty, presented a workshop titled, "Catalyst for Change: The Role of the School Coach in High School Redesign," at the annual Coalition of Essential Schools Fall Forum in Washington, D.C.

Jonathan Scherch, Ph.D., E&C core faculty, spoke about the socio-cultural aspects of ecological design at the Ecological Design Forum, sponsored by the College of Architecture and Urban Planning at the University of Washington.

Barbara Spraker, M.B.A., Org. Psych core faculty, was invited to lecture at the China University of Mining and Technology in Beijing. Students from the M.B.A. and Ph.D. programs attended her lecture on "Sustainable Success," which kicked-off their fall 2002 classes.

Susan Starbuck, Ph.D., education core faculty, recently read from her book, "Hazel Wolf: Fighting the Establishment" at Elliott Bay Books, the University Bookstore and Northwest Bookfest. In addition, she received an Artist's Support Grant from Jack Straw Productions and a grant from the Washington Commission for the Humanities to create six half-hour radio programs of Hazel Wolf telling her stories. Starbuck also presented a paper, "Hazel Wolf and the Global Environment Movement," at the Oral History Association in San Diego.

Pat Vivian, M.A. Psych '81, Org. Psych adjunct faculty, and **Shana Hormann, M.S.W.**, Org. Psych core faculty, published "Trauma and Healing in Organizations," which claims that identifying organizational patterns helps to normalize workers' experiences and reduces their individual sense of failure and isolation.

Staff

Mary Lou LaPierre, joined Antioch in November as the new dean of university relations. She oversees fund-raising, communications and community and

governmental relations. LaPierre graduated from Antioch's master's in psychology program in 1983 and has served on the AUS Board of Visitors. Her career in higher education includes 29 years of administrative and fund-raising experience at the University of Washington and Washington State University.

Pam Smith Mentz joined Antioch this month as the new director of enrollment services. She will oversee the admissions, financial aid and registrar's offices. Mentz previously served as dean of student development and services at St. Paul College, dean of educational services at Anoka-Ramsey Community College and director of admissions at Normandale Community College.

President Toni Murdock, Ph.D., recently was selected to serve on the national board for Campus Compact. She also serves on the executive board of the Washington Campus Compact. In November, Murdock attended the President's Leadership Colloquium in Providence, R.I., where she joined 100 other college/university presidents to discuss the economic contribution of higher education institutions to their communities.

Michele Norris became the director of development in August. She has more than 10 years of fund-raising experience. She previously served as the resource development manager for the Millionair Club Charity and as the director for promotion and corporate support at KBTC Public Television.

Alumni

Shelli R. Beecher-Seitzler, M.A. Psych '00, married Brian Seitzler on Orcas Island in August 2001. She is the women's group program manager for Eastside Domestic Violence Program and recently passed the National Clinical Mental Health Counselor Exam to become a licensed mental health counselor.

Laurie Billington, M.A. WSD '91, lives in Bali and founded the Pondok Pekak Library and Learning Center in Ubud. Its mission is "to provide a supportive environment where culture, religion, gender and ethnicity are sources of learning rather than sources of conflict." Following the recent terrorist bombings in Bali, Laurie helped organize rare blood type donors, comfort victims and compile lists of the missing and the dead. "The whole experience has helped me to re-evaluate some priorities including the need to be more proactively working toward peace in the world."

Melissa Butorac, M.A. Psych '01, is teaching a sociology course at Highline Community College while continuing to work with retired people at University House.

Lynne Campbell, M.A. WSD/OSR '95, is the executive director of Oregon Citizens for Safe Drinking Water, an organization working to educate legislators, city water officials and the public about the negative impact of fluoridation on the environment, particularly its threat to salmon.

Heather Campbell Chaney, M.A. Education '96, passed away in February 2001. To honor her memory and her commitment to environmental education, her family established the Heather Campbell Chaney Environmental Fellowship at the Catamount Institute in Woodland Park, Colo. Those wishing to contribute should send their donation to the Pikes Peak Community Foundation, Box 1443, Colorado Springs, CO 80901.

Anil Coumar, M.A. Psych '94, is the director of the Hall Mental Health Clinic at the University of Washington.

Ingrid Bauer Fabianson, M.A. Urban Studies '83, is working as a village clinician in Bethel, Alaska. She earned a master's degree in social work from Bryn Mawr and a master of divinity degree from Earlham School of Religion.

Alicia Lee Doll, B.A. '99, is working as a freelance artist and plans to take advantage of Antioch's new art studio. She also is working as a professional chauffeur.

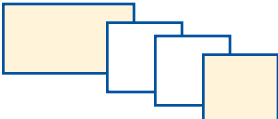
Gillian G. Gaar, B.A. '89, has updated her book, "She's A Rebel: The History of Women in Rock & Roll." The book is published by Seal Press/Avalon.



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Next Issue: Update on Antioch's Accreditation



If you prefer to receive your next issue of "Journeys" electronically, e-mail alumni@antiochsea.edu.

Phebe Allen Gustafson, M.A. WSD '01, will give a workshop next month at Cornell University. The workshop, "Being Peace: A Day of Reflection, Envisioning and Empowerment," is part of a yearlong peace initiative of the university's Center for Religion, Ethics and Social Policy. The results of Gustafson's graduate work can be viewed on her website, living-the-questions.org.

Michael Hart, M.A. Psych '00, works at Sandcastle Academy, a private school for students in pre-kindergarten through eighth grade, in West Bountiful, Utah.

Elizabeth C. (Buff) Hungerland, M.A. Ed. '00, is the author of "Marketing Your Creative Portfolio," published by Prentice Hall, aimed at visual/spatial learners in college art and design programs. Hungerland is the former academic director for general education at The Art Institute of Seattle. Her current projects involve creative process and multiculturalism in design education. For more information, visit www.hungerlandstudios.com.

Jack Johnston, M.A. Psych '01, presented a workshop, sponsored by the Positive Power for Lifelong AIDS Alliance, on the challenges and strategies of disclosing HIV status. He also received a Project Quest grant from the Pride Foundation.

Ahna Machan, M.A. WSD/OSR '97, is the new executive director of Washington's National Park Fund, a non-profit organization dedicated to preserving the heritage of the Mount Rainier, Olympic and North Cascades national parks. She also serves on the Board of Visitors for Antioch University Seattle.

Ceci Marquette, M.A. Psych '01, moved to New York City and is conducting home visits and doing art outreach in the housing projects of Harlem.

Mary O'Kane, B.A. '01, has been accepted into the master of fine arts program in creative writing at Antioch University Los Angeles.

Gail Rognan, Org. Psych '01, has her own coaching practice, helping people uncover their vocation and core values to speak their truth in organizations and change the system from within. She teaches a class titled "Finding Your Passion" at North Seattle Community College. She also teaches an eight-week class titled "Artist Way at Work" and conducts workshops on cathartic writing. Rognan will speak at the 2003 Workforce Conference in Sea-Tac this month.

Janie Starr, M.A. Psych '79, chronicles her battle with lymphoma in her book, "Bone Marrow Boogie: The Dance of a Lifetime," published by KotaPress. The book – a "memoir in bite-size pieces" – is "as much about love, family, and community, and about staying fully present and alive during a mid-life crisis as it is about illness and recovery."

Terry Taylor, M.A. Org. Psych '01, has found her niche as a coach and business consultant for graphic design studios, healthcare providers and clinics, spiritual organizations and women's groups. She serves on the board of the Puget Sound chapter of the International Coach Federation. The ICF is sponsoring a conference next month with C.J. Hayden as the keynote speaker. For more information, contact terry@versoriaonline.com.

Sheryl Westergreen, M.A. Psych '82, is a licensed mental health counselor who has been in private practice since 1982. Her practice, VisionACT, provides "life coaching and psychotherapy designed to accelerate achievement in work and personal life." For more information, visit www.visionact.biz.

Members of **Antioch's Legacy Club** are committed to preserving Antioch's future. If you would like to make a planned gift or bequest, please contact Michele Norris, Director of Development, at (206) 268-4114 or mnorris@antiochsea.edu.

interdisciplinary
systems thinking.
sustainability.
change leadership.
collaboration.

The Center for Creative Change



New Certificate Programs for 2003

Winter 2003. Coach Certification Program. Antioch University Seattle Affiliation, is offered through a partnership between AUS and the Academy for Coach Training. This nine- to 18-month program meets the requirements of professional organizations for continuing education credits and also is recognized by most employer-sponsored tuition reimbursement plans. Upon completion, participants receive the designation of certified professional coach (CPC). For additional information, contact the Academy for Coach Training at (425) 401-0309 or visit www.coachtraining.com.

Autumn 2003. Women's Integral Leadership Circle Certificate is offered through a partnership between AUS and The Women's Integral Leadership Circle. This six-month educational program is designed to assist women develop and leverage their leadership abilities to achieve individual and organizational success. In order to ensure a high degree of individual attention, the program is limited to 12 women. For further information, contact the Center for Community and Professional Learning (CCPL) office at (206) 268-4111 or visit www.opencirclecompany.com.



Bioneers Conference: Revolution from the Heart of Nature

contributed by Dale Jensen

As a first-year student in the WSD program, I've had to do a lot of explaining. When I tell people I'm in a whole systems design program, they usually have no idea what I mean. However, that wasn't the case this past Oct. 18-20 while I attended the Bioneers Conference in

San Rafael, Calif. Individually and collectively, the Bioneers present visionary and integrative solutions to today's social and environmental challenges. As Paul Hawken says, "No conference on Earth celebrates more fully the possibilities of creating a world that is conducive to life. Bioneers is central to the re-imagining of what it means to be human."

One strength of the conference is the diversity of speakers united by the common thread of creative change. Among the most inspirational speakers was Bogaletch Gebre, who told the deeply moving story of the profound cultural shift in attitudes and practices toward women in her native Ethiopia. Founder of the Kembatta Women's Self-Help Center and the first girl in her village to receive education beyond the fourth grade, her approach to creative change combines reproductive health, vocational training and ecological restoration.

The conference provided me with many examples of whole systems design solutions and renewed my inspiration and passion for the work that I do and the work that I ultimately want to do. For more information, the Bioneers have a resource-filled website, www.bioneers.org.

Jensen's full report can be viewed at www.antiochsea.edu/creativechange/newsletter.htm.

Programs and Degrees Available

M.A. in Environment and Community; M.S. in Management;
M.A. in Organizational Psychology; M.A. in Whole Systems Design —
Individualized and Organization Systems Renewal (OSR)

A Clearer Visibility to the Path in Front of Me

contributed by Heather Nordell

Stepping back to view my trail of footprints, I see that the current pushpin on my map marks Tengenege. Tengenege, meaning the beginning of the beginning, reflects the start, journey, completion and beginning of yet another beginning.



I find myself at a very different Tengenege now than when I began the Antioch Graduate Management Program two years ago. This time of tremendous learning has shed light on new ways to better honor and integrate my personal values into my career and lifestyle and become a better global citizen.

■ **Career:** Starting my own marketing business, Swift Impressions (www.swiftimpressions.com), now one year old, has given me the freedom and flexibility to chart

my own course and work with the types of clients I want, using methodologies and ethics I choose.

■ **Spirit and Lifestyle:** I honor my health and spirit through creating art, reading, exercising, doing regular meditation and yoga, being outdoors and balancing nutrition. I have become more involved in my local and global community and more attentive to my own environmental footprint.

■ **Financial:** I vote with my dollar and shop with intentionality, examining both origins and ingredients. I choose products with attention to social justice, humane practices, environmental responsibility and personal health. I also now invest in socially-aware funds.

I believe Antioch had a role within each of these changes. It provided me with a clearer visibility to the path in front of me, a compass by which to steer and a sense of adventure to embrace the ongoing journey. With these gifts, I feel that I am living life on my own terms with a foundation of balance and social responsibility. I look forward to embarking on the next stage of the learning journey.

Nordell's entire article can be viewed at www.antiochsea.edu/creativechange/newsletter.htm.

Center for Creative Change is changing!

Because we are committed to high-quality graduate education, the faculty of all four programs in the center, many alumni and current students, as well as external community members have held a "future search" to explore the evolution of the center. Our goal is to be responsive to today's needs and to anticipate emerging needs as we develop a new model of excellence. Following the future search conference, the faculty has been involved in design teams to create a new center that stands firmly on our proud history, remains congruent with our Antioch values and looks forward in exciting ways toward the future. Stay tuned!

Want More Information?

Check the Center for Creative Change website for the date of the next open house. Additional information is available at www.antiochsea.edu/creativechange or by contacting the Admissions Office at (206) 268-4202 or admissions@antiochsea.edu.

On the Move

B.A. in Liberal Studies Program

The B.A. in Liberal Studies Program at Antioch University Seattle is ideally suited for adult students who are ready to accept the challenging task of designing their own educational program in order to complete their bachelor's degree.

The program is an educational completion program, and is highly attractive to students who have graduated from a community college or who are ready to return to college and finish a degree.

The curriculum includes six interdisciplinary focus areas:

- Core studies
- Creative expression and the arts
- Psychological and spiritual studies
- Social justice and cultural studies
- Nature, science and technology
- Reflective professional practice

Program Welcomes New Director

On Oct. 1, Janet Tallman, Ph.D., joined the bachelor's completion program as the new director.



Tallman comes to Antioch University Seattle from three other sister institutions in the family of non-traditional, progressive and adult-oriented education: Hampshire College in Amherst, Mass., and New College of California and John F. Kennedy University in the San Francisco Bay Area.

Her experience is primarily as a faculty member, where she taught courses in linguistic anthropology, literature and culture. However, she also directed

academic programs and, in her manifestation as a librarian, spent several years directing a small academic library.

Tallman is very enthusiastic about both the reality and the potential of the B.A. program.

The Future of Education

For a recent retreat, the B.A. faculty wrote a series of essays on the following question: "Given where the world is headed, what kinds of educational processes will help prepare people for this future?"

Chris Kellett, Ph.D., core faculty, wrote, "I continue to hope that our knowledge has not outstripped our wisdom. It seems to me that our goal as educators is to work with that hope by encouraging the sort of critical inquiry that raises our level of consciousness and stirs our adaptive responses. As a teacher of literature and writing, I am less concerned with answers than with questions. There is no particular truth that art strives to arrive at; rather it is concerned with exploring problems in ways that supply, in a felt sense, the full complexity and mystery of life. Consciousness raising in the arts, then, is not so much about the



The B.A. faculty, top row, left to right: Mary Lou Finley, Randy Morris, Sue Woehrlin and Chris Kellett. Bottom row, left to right: Candace Harris, Janet Tallman, Anne Harvey and Capri St. Vil.

development of a practical and political perspective on the state of the world, along with a solid sense of what we should do about it; rather it is about developing our sensitivity to the world so that we know what questions to ask and why we care to ask them."

Graduation Reflections

At winter graduation this year, each center or program gifted its graduating students with a quote that spoke to the process of their education. The B.A. program presented the following poem from Rainier Maria Rilke:

Be patient to all that is unsolved
in your heart: try to love the
questions themselves like locked
rooms and like books that are
written in a very foreign tongue.

Do not now seek the final answers
which cannot be given you because
you would not be able to live them.
And the point is to live everything.

Live the questions now. Perhaps
you will then gradually, without
noticing it, live along some distant
day into the answer.

Want more information?

Additional information about the B.A. in Liberal Studies Program is available at www.antiochsea.edu/ba/ or by contacting the Admissions Office at (206) 268-4202 or admissions@antiochsea.edu.